

MASTER LIST: E-F

ITEM:	DATE	EXPLORER CITATION	LOCATION
Earth seeds (see potato)			
Eel			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Egg: unidentified type; cooked with eggs as omelet			
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
Egg: fowl; unidentified varieties; type or use not specified			
	1519	Cortez expedition Bernal Diaz. 1576. p. 211	C.A. Mexico
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
Egg: fowl; unidentified wild bird			
	1606	Archer Expedition Percy. 1608a. p. 133	Caribbean
Egg: fowl; chicken?			
	1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast

Egg: fowl; goose

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Egg: fowl; great auk

1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
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Egg: fowl; turkey

1606	Archer Expedition Percy. 1608. pp. 137-138	N.A. east coast
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1612	Virginia settlement Strachey. 1612. pp. 82-83	N.A. east coast
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Egg: reptile; turtle; habitat not specified

1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
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Egg: reptile; turtle; freshwater

1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
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Eggplant: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Elk?

1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
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Elk

1606	Hanham Expedition	N.A. northeast
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Purchas. 1614. pp. 347-348

Endiff (see endive)

Endive: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Esquine (see sassafras)

Fallow deer

1502	Columbus: 4th voyage Columbus: 1503. p. 100	Caribbean
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 517-518	S.A. Peru
1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast

Fallow deer: milk reportedly used to make butter

	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Fallow deer: milk reportedly used to make cheese			
	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Famine food: adobe brick			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Famine food: bark; type unspecified			
	1522	Cortez expedition Cortés: 3rd letter. 1522, p. 217	C.A. Mexico
Famine food: barn swallow			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Famine food: buckskin			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Famine food: cowhide			
	1524	F. Pizzaro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
Famine food: dog's porridge; otherwise unspecified product eaten by Europeans			
	1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
Famine food: frilled flower; type unspecified			
	1519	Cortez expedition	C.A. Mexico

de Sahaun. 1555. p. 79

Famine food: glue orchid

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: herb; sedum

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: herb; sunchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
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Famine food: leather

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: lizard; type unspecified; probably iguana

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: maize; leaf

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: maize; stalk

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 34-37	Caribbean
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Famine food: saltgrass

1519	Cortez expedition	C.A. Mexico
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de Sahaun. 1555. p. 79

Famine food: sassafras leaf

1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
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Famine food: seaweed; type unspecified

1524	F. Pizzaro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
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Famine food: sedum

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Famine food: sunchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
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Famine food: thistle

1521	Cortez expedition Bernal Diaz. 1576. p. 379	C.A. Mexico
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Famine food: weed; type unspecified

1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
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Famine food: wood; type unspecified

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
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Famine food: wood; colorin wood

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico

Fat-oil: edible; general descriptions; undifferentiated types

1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast

Fat-oil: edible; unidentified type; described as "sweet"

1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
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Fat-oil: edible; unidentified type; imported from Europe

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Fat-oil: edible; unidentified type; imported from Europe; given to Native Americans

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Fat-oil: acorn

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
1585	Virginia settlement	N.A. east coast

		Hariot. 1588. p. 330	
	1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast
Fat-oil: bear			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 330	N.A. east coast
Fat-oil: buffalo; described as "eaten raw"			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	1540-42	Coronado expedition Translado de las Nuevas. 16th century? pp. 103-104	N.A. southwest
Fat-oil: butter; American; prepared by Native Americans from fallow deer milk			
	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Fat-oil: butter; American; prepared by Native Americans from reindeer milk			
	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Fat-oil: butter; American; prepared by Spanish from cow's? milk			
	1550	Early Spanish period de la Vega. 1609-12. \ 9:17 pp. 582-584	S.A. Peru

Fat-oil: butter; European; imported

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Fat-oil: cacao leaf

1599-1602	Champlain voyage Champlain. 1603. p. 28	C.A. Mexico
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Fat-oil: codfish

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Fat-oil: fish; type unidentified

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
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Fat-oil: lard; bear

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
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1585	Virginia settlement Hariot. 1588. p. 330	N.A. east coast
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Fat-oil: lard; pig

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:19 pp. 585-586	S.A. Peru
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Fat-oil: lard; pig; substituted by Spanish Christians for olive oil on Friday and during Lent

mid 16th c.	Early Spanish period	S.A. Peru
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		de la Vega. 1609-12. 9:19 pp. 585-586	
Fat-oil: peanut			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Fat-oil: rape seed			
	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
Fat-oil: salad oil			
	1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
Fat-oil: seal			
	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
Fat-oil: suet; fallow deer			
	1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 115	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Fat-oil: tallow; source unidentified			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru
Fat-oil: walnut (see also walnut milk)			

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12; also 13-15	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fat-oil: whale; undifferentiated

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Fat-oil: whale; cooked with maize meal

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Fat-oil: whale; cooked with peas

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Fennel: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Fig: native, wild

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
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Fig: domesticated; European introduction

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast

Filbert

1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast
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Fish: general descriptions; unspecified by type or use

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 62	Caribbean
1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
1497	Vespucci: 1st voyage Vespucci. 1504. pp.3-11	Caribbean
1502	Columbus: 4th voyage	Caribbean

	Diego Mendez. 1536. Vol. 2, p. 124	
1518	Grivjala expedition Bernal Diaz.1576. p. 27	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 50-51	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 150-151	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 145-147	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 112-114	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 24-30	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546.	N.A. southeast

Vol. 2, p. 82

mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:14 p. 271, also 8:22 pp. 529-530	S.A. Peru
1562	Florida settlement Ribault. 1582. p. 111	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 54-58	S.A. north-east
1602	Gosnold Expedition Archer. 1602. p. 115	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Virginia settlement	N.A. east coast

1608	Smith. 1608. p. 170, also pp. 174-176 Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 34-35	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 340	N.A. east coast

Fish: unidentified types; caught by English; stabbed with swords

1612	Virginia settlement Smith. 1612. p. 404	N.A. east coast
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Fish: unidentified types; described as "freshwater"

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Fish: unidentified types; described as "saltwater"

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Fish: unidentified types; described as "very difficult for English to catch"

1608	Virginia settlement Smith. 1608. pp. 243-244	N.A. east coast
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Fish: unidentified types; frozen in ice; gathered by English

1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
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Fish: unidentified types; given by Native Americans to

Europeans to relieve famine

1606	Archer Expedition Percy. 1608. pp. 143-145	N.A. east coast
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Fish: unidentified types; imported from Europe

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Fish: unidentified types; imported from Europe; given to Native Americans

1605	Waymouth Expedition Rosier. 1605. pp. 268-270, also p. 272, 275	N.A. northeast
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1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Fish: unidentified types; baked

1519	Cortez expedition Bernal Diaz. 1576. p. 65	C.A. Mexico
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Fish: unidentified types; boiled

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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1602	Gosnold Expedition Archer. 1602. p. 125.	N.A. northeast
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1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
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Fish: unidentified types; caviar; cooked with sorrel and unidentified herbs; eaten by Europeans during famine

1612	Virginia settlement Smith. 1612. pp. 445-447	N.A. east coast
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1612	Virginia settlement	N.A. east coast
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Fish: unidentified types; paste prepared as bread

1497	Vespucci: 1st voyage Vespucci. 1504. pp.12-15	Caribbean
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Fish: unidentified types; pastry

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Fish: unidentified types; pie

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Fish: unidentified types; roasted

1518	Grivjala expedition Bernal Diaz. 1576. pp. 22-23	C.A. Mexico
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1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
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Fish: unidentified types; stewed

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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Fish: unidentified types; raw

1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
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Fish: unidentified types; prepared as broth

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
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Fish: unidentified types; prepared as oil

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
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Fish: unidentified types; prepared as soup

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
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Fish: anchovie

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Fish: bagre

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
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Fish: barbel-like

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
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1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
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Fish: bass

1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast

Fish: bogas

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
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Fish: bonita

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Fish: bream-like

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast

Fish: bream

1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
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Fish: bream (see also fish: oldwife)

Fish: brett

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: catfish

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
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1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: challua

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
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Fish: codfish

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
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1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
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1602	Gosnold Expedition Brereton. 1602. pp. 146-147	N.A. northeast
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1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
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1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast

Fish: codfish; sun-dried

1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast

Fish: codfish; sun-dried (see also bacalao)

Fish: conyfish

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Fish: dogfish

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:10 p. 32	S.A. Peru
1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast

Fish: dogfish; belly portion esteemed

1602	Gosnold Expedition Archer. 1602. p. 130	N.A. northeast
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Fish: eel

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
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1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: eel (see also fish: lamprey)

Fish: flounder

1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
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1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
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1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: flounder (see also fish: plaice)

Fish: flying fish

1599-1602	Champlain voyage. Champlain. 1603. p. 46	Caribbean
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Fish: gar

	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Fish: goldfish			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:10 p. 32	S.A. Peru
Fish: grampus			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Fish: hadock			
	1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
Fish: hake-like			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
Fish: hake			
	1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
Fish: herring			
	1585	Virginia settlement Hariot. 1588. p. 359	N.A. east coast
	1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
	1602	Gosnold Expedition	N.A. northeast

	Brereton. 1602. pp. 146-147	
1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Fish: lamprey		
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Fish: lamprey (see also fish: eel)		
Fish: lumpus		
1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
Fish: makerel[mackerel]		
1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 146-147	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast

Fish: mullet

1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Fish: oldwife

1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
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Fish: oldwife (see also bream)

Fish: peel

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
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Fish: perch

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Fish: pero (see fish: dog fish)

Fish: plaise

1612	Virginia settlement	N.A. east coast
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Strachey. 1612. pp. 127-128

1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: plaice (see also: fish: flounder; fish: sole)

Fish: ray

1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
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Fish: ray (see also fish: stingray)

Fish: rockfish

1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
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1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: rosefish

1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
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Fish: salmon

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
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1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. p. 296	N.A. northeast
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1609	Virginia settlement Mangnel [Irish spy account].	N.A. east coast
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1610. pp. 151-153

Fish: salmon; white variety

1612 Virginia settlement N.A. east coast
Strachey. 1612. pp. 127-128

1612 Virginia settlement N.A. east coast
Smith. 1612. p. 350

Fish: sardine

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
1:10 p. 32

Fish: shad-like

1526 Cortez expedition C.A. Mexico
Cortés: 5th letter. 1526,
pp. 316-317

1539-42 DeSoto expedition N.A. southeast
Fidalgo de Elvas. 1557.
Vol. 1, pp. 123-124

1585 Virginia settlement N.A. east coast
Hariot. 1588. p. 359

Fish: shad

1602 Gosnold Expedition N.A. northeast
Archer. 1602. pp. 134-135

1602 Gosnold Expedition N.A. northeast
Brereton. 1602. p. 161

1605 Waymouth Expedition N.A. northeast
Rosier. 1605. p. 296,
also pp. 279-281

1612 Virginia settlement N.A. east coast

Strachey. 1612. pp. 127-128

1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: skate

mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:10 p. 32	S.A. Peru
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1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
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Fish: sole

1585	Virginia settlement Hariot. 1588. p. 360	N.A. southeast
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1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
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1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: sole (see also fish: flounder; fish: plaice)

Fish: stingray

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Fish: stingray (see also fish: ray)

Fish: sturgeon

1585	Virginia settlement Hariot. 1588. p. 359	N.A. southeast
1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 340	N.A. east coast

Fish: sturgeon; caviar eaten during famine

1608	Virginia settlement Smith. 1608. pp. 172-174	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast

Fish: suchi; name of local fish variety at lake Titicaca

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
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Fish: trout

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast

	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Fish: tunney			
	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
Fish: turbot			
	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
Flavoring agents (see also herb, spice, sweetener)			
Flax: native, wild			
	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
Flax: native; planted in Native American gardens			
	1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
Flax: domesticated; European introduction; test planting report			
	1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
Flounder			
	1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
	1612	Virginia settlement	N.A. east coast

Strachey. 1612. pp. 127-128

1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
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Flour: general descriptions; sources and types not differentiated

1519	Cortez expedition Bernal Diaz. 1576. p. 211	C.A. Mexico
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1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 18	N.A. southwest
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1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 112	N.A. southwest
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Flour: acorn

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
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1585	Virginia settlement Hariot. 1588. pp. 354-355	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast
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Flour: acorn; mixed with coriander seed

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
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Flour: amaranth

1519	Cortez expedition de Sahaun. 1555. pp. 38-45	C.A. Mexico
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Flour: amexia (plum)

	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 152	N.A. southeast
Flour: bean			
	1585	Virginia settlement Hariot. 1588. p. 339	N.A. east coast
Flour: cassava			
	1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
Flour: chechinquamin nut			
	1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Flour: chestnut			
	1585	Virginia settlement	N.A. east coast

		Hariot. 1588. p. 350	
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Flour: fish			
	1497	Vespucci: 1st voyage Vespucci. 1504. pp.12-15	Caribbean
Flour: golden club root			
	1585	Virginia settlement Hariot. 1588. pp. 349-350	N.A. east coast
Flour: grass seed; unspecified type			
	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Flour: hazes root			
	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
Flour: maize; undifferentiated by type or use			
	1518	Grivjala expedition Bernal Diaz. 1576. pp. 22-23	C.A. Mexico
	1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37, also 51-52	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 87-88	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22; also p. 24	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? pp. 129-130	N.A. southwest
1540	Coronado expedition Coronado. 1540a. p. 88	N.A. southwest
1540	Coronado expedition Coronado. 1540b. p. 164	N.A. southwest
1540	Coronado expedition de Alarcon. 1540. p. 136	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:20 pp. 357-358	S.A. Peru
1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast

1606	Archer Expedition Percy. 1608a. pp. 134-135; also 141-142; 143-145	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 351-352; also pp. 387-388	N.A. east coast

Flour: maize; mixed with human blood

mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:6 pp. 413-414	S.A. Peru
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Flour: maize; mixed with water; eaten by Europeans as famine food

1608	Virginia settlement Smith. 1608b. pp. 243-244	N.A. east coast
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Flour: maize; parched

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 12-13	N.A. southeast

1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
Flour: maize; raw or uncooked		
1539-42	DeSoto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 87-88	N.A. southeast
Flour: maize; roasted		
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 87-88	N.A. southeast
Flour: maize; sun-dried		
1606	Archer Expedition Percy. 1608. pp. 141-142	N.A. east coast
Flour: maize; variety called çancu		
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Flour: maize; variety called huminta		
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Flour: maize; variety called maçamorras		
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
Flour: maize; variety called tanta		

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Flour: mesquite pod			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
	1540	Coronado expedition de Alarcon. 1540. pp. 126-129	N.A. southwest
Flour: palmito starch			
	1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean
Flour: plum (amexia)			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. V ol. 1, p. 152	N.A. southeast
Flour: quinoa			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Flour: root; unspecified type			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. pp. 68-69	Caribbean
Flour: smilax root			
	1585	Virginia settlement Hariot. 1588. pp.348-349	N.A. east coast
Flour: sunflower seed			

1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Flour: tree pith; unspecified type		
1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
Flour: tree root (see also flour: cassava; flour: yucca)		
Flour: tuckahoe root		
1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
Flour: wheat? European introduction		
1584	Barlow expedition Barlow. 1584. pp. 100-101	N.A. east coast
1605	Waymouth Expedition Rosier. 1605. pp. 268-270, also p. 272, 275, 279-281, pp 283-285	N.A. northeast
Flour: wheat mixed with anise; European introduction		
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:30 p. 606	S.A. Peru
Flour: yam		
1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
Flour: yucca (see also flour source; cassava)		
Flower: unidentified variety; described as "frilled;" eaten as famine food		
1519	Cortez expedition	C.A. Mexico

de Sahaun. 1555. p. 79

Flower: honeysuckle

1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
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Flower: rose hip

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
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Flower: violet; salad ingredient

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Fly-catcher (bird)

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Flying squirrel

1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Food: undifferentiated type; soaked in blood

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Fowl: edible varieties; undifferentiated by type or use

1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, pp. 6-10	Caribbean
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1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
1502	Columbus: 4th voyage Columbus. 1503. Vol. 2, p. 100	Caribbean
1518	Grivjala expedition Bernal Diaz.1576. pp. 22-23	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 50-51	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 82	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22	N.A. southwest
1540-42	Coronado expedition Traslado de las Nuevas. 16th century? p. 102	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? pp. 129-130	N.A. southwest
1540	Coronado expedition Coronado. 1540. pp. 171-173	N.A. southwest
mid 16th c.	Early Spanish period	S.A. Peru

	de la Vega. 1609-12. 6:6 pp. 326-327	
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. p. 4; see also pp. 49-51	Caribbean
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 34-35	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 340	N.A. east coast

Fowl: unidentified; described as "reed type"

1519	Cortez expedition Bernal Diaz. 1576. p. 209	C.A. Mexico
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Fowl: awk (see fowl: great awk)

Fowl: barn swallow; identified as famine food

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Fowl: bittern		
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
Fowl: bitterns (see fowl: bittern)		
Fowl: blackbird		
1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
Fowl: brant		
1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Fowl: chicken; evidence that chickens were present in New World before arrival of Spanish		
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 11-12	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. p. 101	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 315; also pp. 332-333	C.A. Mexico
1540-42	Coronado expedition de Castañada. 1596.	N.A. southwest

Part 2, pp. 50-51

1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition de Cardenasa? 16th century? p. 181	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century? p. 183	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1595	Raleigh expedition Raleigh. 1596. pp. 54-58	S.A. north-east

Fowl: chicken; key statement by de la Vega that chickens pre-dated Spanish conquest of Peru

mid 16th c	Early Spanish period de la Vega. 1609-12. 9:23 pp. 590-593	S.A. Peru
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Fowl: chicken; European introduction?

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
1540	Coronado expedition de Alarcon. 1540. pp. 150-152	N.A. southwest

Fowl: chicken; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:23 pp. 590-593	S.A. Peru
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 349, also pp. 445-447	N.A. east coast

Fowl: cock (see fowl: chicken)

Fowl: cock with wattle (see fowl: turkey)

Fowl: crane

1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
1612	Virginia settlement Smith. 1612. pp. 387-388	N.A. east coast

Fowl: dottrell

1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
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Fowl: dove; native, wild

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
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Fowl: dove; domesticated; European introduction; Spanish variety called goblin

mid 16th	Early Spanish period de la Vega. 1609-12. 9:23 pp. 590-593	S.A. Peru
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Fowl: duck

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. pp. 40-44	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. p. 209	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 67-68	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, pp. 336-337	C.A. Mexico
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:19 p. 520	S.A. Peru
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast

Fowl: duck (see also: fowl: mallard; fowl: teal)

Fowl: fly-catcher

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Fowl: goose

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 54-55	N.A. southwest
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 28-30	S.A. Peru
1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 387-388	N.A. east coast

Fowl: goose; traded by Native Americans for European wheat biscuits

	1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Fowl: great awk			
	1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
Fowl: hen (see fowl: chicken; fowl: turkey)			
Fowl: herneshowes			
	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
Fowl: hernshawes (see fowl: herneshowes)			
Fowl: mallard			
	1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Fowl: mourning dove			
	1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
Fowl: mourning dove (see also fowl: stockdove)			
Fowl: oxeye			
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Fowl: parakeet			
	1612	Virginia settlement	N.A. east coast

Strachey. 1612. pp. 126-127

Fowl: partridge; native, wild

1519	Cortez expedition Cortés. first letter. 1519. pp. 14-22	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, pp. 332-333	C.A. Mexico
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1. pp. 51-57	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35, also 8:20 pp. 523-525	S.A. Peru
1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east
1612	Virginia settlement Strachey. 1612. pp. 79-80,	N.A. east coast

also p. 126

1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast
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Fowl: partridge; tame; raised in cages

1534	H. Pizarro expedition Astete. 1534. p. 80	S.A. Peru
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Fowl: passenger pigeon

1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
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Fowl: pheasant

1519	Cortez expedition Bernal Diaz. 1576. p. 209	C.A. Mexico
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1526	Cortez expedition Cortés: 5th letter. 1526, pp. 332-333	C.A. Mexico
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1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. northeast
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Fowl: pigeon; native, wild; undifferentiated varieties

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, p. 136	Caribbean
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1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
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1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
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mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast

Fowl: pigeon; native, wild; passenger pigeon

1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
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Fowl: pigeon; domesticated? European introduction; described as tame

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
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Fowl: quail

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1540	Coronado expedition de Niza. 1540, p. 70	N.A. southwest
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east

Fowl: ringdove

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
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	1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
Fowl: sheldrake			
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Fowl: shoveller duck			
	1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
Fowl: swallow (see fowl: barn swallow)			
Fowl: stockdove			
	1585	Virginia settlement Hariot. 1588. pp. 358-35	N.A. east coast
Fowl: stockdove (see also: fowl: mourning dove)			
Fowl: swan			
	1587	White voyage White. 1587. pp. 522-524	Caribbean
	1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
	1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast

1612	Virginia settlement Smith. 1612. pp. 387-388	N.A. east coast
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Fowl: teal

1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
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Fowl: turkey; native; tame/wild? general descriptions; live birds
and/or turkey meat

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
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1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
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1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1. pp. 51-57	N.A. southeast
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1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 82	N.A. southeast
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1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 24	N.A. southwest
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1540	Coronado expedition de Mendoza. 1540a. pp. 83-84	N.A. southwest
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1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1606	Archer Expedition Percy. 1608a. pp. 137-138	N.A. east coast
1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 126	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 359-360	N.A. east coast

Fowl: turkey; native, tame/wild? birds bartered by Native Americans to Europeans for swords

1608	Virginia settlement Smith. 1608. p. 199	N.A. east coast
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Fowl: turkey; native; tame/wild?; meat roasted

	1519	Cortez expedition de Sahaun. 1555. p. 35	C.A. Mexico
Fowl: turkey; native, tame			
	1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast
Fowl: turtledove			
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
	1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
Fowl: widgion			
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Fox squirrel			
	1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
Frilled flower: unknown flower; identified as a famine food			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Fritter: flour source maize; made by Spaniards			

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Fruit: unidentified varieties; undifferentiated by type or use

1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, pp. 6-10	Caribbean
1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 24	Caribbean
1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2. p. 22	Caribbean
1497	Vespucci: 1st voyage Vespucci. 1504. pp.3-11	Caribbean
1518	Grivjala expedition Bernal Diaz.1576. p.27	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-21	C.A. Mexico
1534	H. Pizarro expedition Astete. 1534. p. 80	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 145-147	S.A. Peru
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 82	N.A. southeast

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 40	N.A. southwest
1540	Coronado expedition de Alarcon. 1540. p. 145	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:14 p. 271	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. southeast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean

Fruit: unidentified varieties; imported from Europe

1608	Virginia settlement Wingfield. 1608.	N.A. east coast
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pp 229-232.

Fruit: unidentified variety; described as "aromatic"

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, p. 144	Caribbean
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Fruit: amexia; general descriptions; not differentiated by type or use

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
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Fruit; amexia; dried

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 145-146	N.A. southeast
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Fruit: amexia; grey

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp.116-118	N.A. southeast
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Fruit: amexia; vermilion

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 116-118	N.A. southeast
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Fruit: amexia (see also fruit: plum)

Fruit: apple; native, wild; undifferentiated by type or use

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 112	N.A. southeast
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1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico

Fruit: apple; native, wild; crab apple

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: apple; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: applecrab (see fruit: apple; native, also fruit: crab apple)

Fruit: apricot; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: avocado

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico

Fruit: banana; native, wild; undifferentiated by type or use

1539-42	DeSoto expedition	Caribbean
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de Elvas. 1557.
Vol. 1 pp. 13-14

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Fruit: banana; native, wild; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; cooked with honey

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; cooked with sugar

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; prepared as preserve

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; raw

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; roasted

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana; native, wild; stewed

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
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Fruit: banana (see also: fruit: plantain)

Fruit; berry; blackberry

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Fruit: berry; blueberry

1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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Fruit: berry; blueberry (see also fruit: hurtleberry; fruit: whortleberry)

Fruit: berry; choke cherry

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
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Fruit: berry; cloudberry

1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
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Fruit: berry; cranberry?

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: berry; cranberry

1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
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Fruit: berry; currant

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
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1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
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Fruit: berry; dewberry

1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
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Fruit: berry; eglentine

1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
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Fruit: berry; gooseberry-like

1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
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1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
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1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: berry; gooseberry-like; possibly unripe cranberry?

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: berry; gooseberry-like; possibly unripe cranberry?; boiled

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: berry; gooseberry; not differentiated by type or use

1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage	N.A. northeast

Davies [Davis]. 1607. pp. 419-420

1607 Virginia settlement N.A. east coast
Archer. 1607b. pp. 99-102

1612 Virginia settlement N.A. east coast
Smith. 1612. pp. 346-347

Fruit: berry; gooseberry; red

1582 American summary N.A. east coast
Hakluyt. 1582. pp. 139-141

Fruit: berry; gooseberry; white

1582 American summary N.A. east coast
Hakluyt. 1582. pp. 139-141

Fruit: berry; huckleberry

1602 Gosnold Expedition N.A. northeast
Archer. 1602. pp. 117-118

1602 Gosnold Expedition N.A. northeast
Brereton. 1602. pp. 148-150

1603 Pringe Expedition N.A. northeast
Pringe. 1603. pp. 223-224

1607-1608 Gilbert Expedition N.A. northeast
Strachey. 1610-1612. pp. 400-401

1607 Davies [Davis] Voyage N.A. northeast
Davies [Davis]. 1607. pp. 419-420

1607 Virginia settlement N.A. east coast
Archer. 1607b. pp. 99-102

1612 Virginia settlement N.A. east coast
Strachey. 1612. p. 121

Fruit: berry; hurtleberry (see fruit: blueberry; fruit: huckleberry)

Fruit: berry; mulberry; native, wild

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 65-66	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 12-13	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 89-90	N.A. southwest
1540	Coronado expedition Coronado. 1540b. p. 166	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Virginia settlement	N.A. east coast

Smith. 1608. p. 170

1612 Virginia settlement N.A. east coast
Strachey. 1612. pp. 79-80,

also p. 119
1612 Virginia settlement N.A. east coast
Smith. 1612. p. 345

Fruit: berry; mulberry: native, wild; served by Native Americans to Europeans

1607 Virginia settlement N.A. east coast
Archer. 1607. pp. 86-90

Fruit: berry; mulberry: domesticated; European introduction

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
9:29 pp. 601-602

Fruit: berry; mulli berry

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:12 p. 504

Fruit: berry; mulli berry; prepared as a hot beverage

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:12 p. 504

Fruit: berry; mulli berry; mixed with maize; prepared as a hot beverage

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.

8:12 p. 504

Fruit: berry; mulli berry; prepared as syrup

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
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Fruit: berry; ocoughtanamin; boiled to remove poison

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: berry; ocoughtanamin; dried

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: berry; ocoughtanamin; fresh

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: berry; raspberry

1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
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1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
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1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
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1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
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1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607a. pp. 86-90	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast

Fruit: berry; raspices (see Raspberry)

Fruit: berry; sacquenummener; boiled

1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
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Fruit: berry; service berry

1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Fruit: berry; service berry; eaten by Europeans; disliked		
1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Fruit: berry; strawberry		
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 96-97	N.A. southeast
1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1606	Archer Expedition Percy. 1608a. pp. 134-135	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast

1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 170	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 121	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast

Fruit: berry; strawberry: white

1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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Fruit: berry; whortleberry

1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
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Fruit: berry; whortleberry (see also blueberry and huckleberry)

Fruit: blackberry

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Fruit: black cherry

	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Fruit: blueberry			
	1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
Fruit: breadfruit			
	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 332-333	C.A. Mexico
Fruit: cherry; native, wild			
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1521	Cortez expedition Bernal Diaz. 1576. pp. 416-417	C.A. Mexico
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
	1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
	1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast

1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 142	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: cherry; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 600-601	S.A. Peru
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Fruit: choke cherry

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
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Fruit: citron: native, wild?

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 18-19	Caribbean
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Fruit: citron; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
1562	Ribault expedition	N.A. southeast

		Ribault. 1582. pp. 101-108	
	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
Fruit: cloudberry			
	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
Fruit: coconut			
	1526	Corte expedition Cortés: 5th letter. 1526, p. 319	C.A. Mexico
	1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. p. 31	C.A. Mexico
Fruit: coraçon			
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
Fruit: crab apple			
	1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
Fruit: cranberry?			
	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
Fruit: cranberry			
	1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
Fruit: cuajilote			

1519 Cortez expedition
de Sahaun. 1555. pp. 19-20 C.A. Mexico

Fruit: currant; native, wild

1540-42 Coronado expedition
de Castañada. 1596. Part 1, p. 43 N.A. southwest

1602 Gosnold Expedition
Brereton. 1602. p. 160 N.A. northeast

1605 Waymouth Expedition
Rosier. 1605. pp. 264-266 N.A. northeast

Fruit: currant: European-type grape meant

1607 Virginia settlement
Archer. 1607. pp. 99-102 N.A. east coast

Fruit: custard apple

1519 Cortez expedition
de Sahaun. 1555. pp. 19-20 C.A. Mexico

Fruit: damson

1524 Verarzanus expedition
Hakluyt. 1580. p. 56-71 N.A. east coast

1582 American summary document
Hakluyt. 1582. pp. 139-141 N.A. east coast

Fruit: date palm; native, wild; bitter dates eaten as famine food by Spanish

1524 F. Pizzaro: 1st expedition
Xeres. 1534. pp. 3-4 C.A. Panama

Fruit: date palm; European introduction

1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
Fruit: date plum (see fruit: medlar; also fruit: persimmon)		
Fruit: dewberry		
1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
Fruit: eglentine		
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
Fruit: fig; native, wild		
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
Fruit: fig; domesticated; European introduction		
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
Fruit: gooseberry-like; undifferentiated		
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: gooseberry-like; possibly unripe cranberry?

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: gooseberry-like; possibly unripe cranberry?; boiled

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: gooseberry; not differentiated by type or use

1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: gooseberry; red

1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
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Fruit: gooseberry; white

1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
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Fruit: grape; native, wild; undifferentiated

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, p. 144	Caribbean
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 80-82	N.A. southeast

1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, p. 21	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? p. 126	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 94-95	N.A. east coast
1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 330, also pp. 352-353	N.A. east coast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast

1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 137-138	N.A. east coast
1607	Virginia settlement de Zuñiga. 1607. p. 77	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: grape; native, wild; red variety

1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast

Fruit: grape; native, wild; white variety

1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast

Fruit: grape; native, wild; variety called currant or currans

by Europeans

1584	Barlow expedition Barlow. 1584. pp. 114-115	N.A. east coast
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Fruit: grape; variety called hedge grape by Europeans

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: grape; variety called messaminne by Native Americans

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: grape; undifferentiated variety; dried (raisins)

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Fruit: grape; undifferentiated variety; dried (see also raisins)

Fruit: grape (*Vitis vinifera*); domesticated; European introduction; undifferentiated

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 82-84	Caribbean
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mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:25 pp. 595-596	S.A. Peru
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Fruit: grape (*Vitis vinifera*); domesticated; European introduction; "currant" variety imported from Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:25 pp. 595-596	S.A. Peru
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Fruit: grape (*Vitis vinifera*); domesticated; European introduction;

French variety

1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
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Fruit: grape (*Vitis vinifera*); domesticated; European introduction;
Muscatel variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:25 pp. 595-596	S.A. Peru
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Fruit: grape (*Vitis vinifera*); domesticated (see also vine; wine)

Fruit: guava

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Fruit: huckleberry

1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
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1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
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1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
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1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
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1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
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1612	Virginia settlement	N.A. east coast
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Strachey. 1612. p. 121

Fruit: hurtleberry (see also: fruit: blueberry; fruit: huckleberry)

Fruit: jicama

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Fruit: lemon; European introduction

1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
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1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
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1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
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1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
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1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico
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Fruit: ligoacam-like

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 221-222	N.A. southeast
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Fruit: lime; domesticated; European introduction; undifferentiated
by type

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
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Fruit: lime; domesticated; European introduction; bitter variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: lime; domesticated; European introduction; sweet variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: lucma

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
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Fruit: lucma (see also fruit: rucma)

Fruit: mamey

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
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Fruit: manjar blanco

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 p. 508	S.A. Peru
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Fruit: mariock apple

1612	Virginia settlement Strachey. 1612. pp. 79-80, also pp. 120-121	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
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1612	Virginia settlement Smith. 1612. pp. 352-353	N.A. east coast
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Fruit: mariock apple (see also fruit: passion flower)

Fruit: mazard; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 600-601	S.A. Peru
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Fruit: medlar

1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
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1586	Florida settlement de Laudonnière. 1586, pp. 195-196.	N.A. southeast
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1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
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Fruit: medlar (see also fruit: date plum; also fruit: persimmon)

Fruit: melon; native, wild; undifferentiated types

1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
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1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
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1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
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1540-42	Coronado expedition	N.A. southwest
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	Relacion del Suceso. 16th century? p. 107	
1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? A. pp. 129-130	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century? B , p. 183	N.A. southwest
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico

Fruit: melon; native, wild; undifferentiated; boiled

mid 16th c.	Early Spanish period	S.A. Peru
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de la Vega. 1609-12.
8:10 p. 501

Fruit: melon; native, wild; undifferentiated; boiled; cooked with
walnut milk (oil)

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Fruit: melon; native, wild; undifferentiated; dried

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
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Fruit: melon; native, wild; undifferentiated; planted by Native
Americans

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Fruit: melon; native, wild; undifferentiated; stewed

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Fruit: melon; native, wild; muskmelon

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
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Fruit: melon; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
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1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
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Fruit: mirabolán

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
1499	Vespucci: 2nd voyage Vespucci. 1504. pp. 23-32	Caribbean

Fruit: mulberry; native, wild

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 65-66	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 12-13	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 89-90	N.A. southwest
1540	Coronado expedition Coronado. 1540b. p. 166	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 170	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Fruit: mulberry: native, wild; served by Native Americans to Europeans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
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Fruit: mulberry: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Fruit: mulberry; undifferentiated

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
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Fruit: mulberry; prepared as a hot beverage

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
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Fruit: mulberry; mixed with maize; prepared as a hot beverage

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
Fruit: mulberry; prepared as syrup			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
Fruit: muskmelon			
	1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
Fruit: ocoughtanamin; boiled to remove poison			
	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Fruit: ocoughtanamin; dried			
	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
Fruit: ocoughtanamin; fresh			
	1612	Virginia settlement	N.A. east coast
Fruit: olive; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
	1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean

Fruit: olive; European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Fruit: opuntia

1519	Cortez expedition Bernal Diaz. 1576. p. 147	C.A. Mexico
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1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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1521	Cortez expedition Bernal Diaz. 1576. pp. 416-417	C.A. Mexico
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1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
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1585	Virginia settlement Hariot. 1588. pp. 351-352	N.A. east coast
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1599-1602	Champlain voyage. Champlain. 1603. pp. 29-30	C.A. Mexico
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1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: opuntia; preserve

1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
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Fruit: opuntia (see also fruit: prickly pear; fruit: tuna)

Fruit: orange; European introduction

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
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mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico

Fruit: orange; European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Fruit: papaya

1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
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Fruit: passion flower

1612	Virginia settlement Strachey. 1612. pp. 79-80, also pp. 120-121	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
1612	Virginia settlement	N.A. east coast

Smith. 1612. pp. 352-353

Fruit: passion flower (see also fruit: mariock apple)

Fruit: pawpaw

1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
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Fruit: pawpaw (see also fruit: papaya)

Fruit: peach; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: pear-like

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 221-222	N.A. southeast
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Fruit: pear; native, wild

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
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1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
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Fruit: pear; native, wild; mixed with sugar; preserve

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
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Fruit: pear; prickly pear (*Opuntia*) meant

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: persimmon; native, wild

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Fruit: persimmon; native, wild; baked; prepared as pudding by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: persimmon; native, wild; boiled; prepared as pudding by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
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Fruit: persimmon; native, wild; dried

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Fruit: persimmon (see also fruit: date plum; also fruit: medlar)

Fruit: pineapple: general descriptions; undifferentiated types and uses

1519	Magellan expedition Pigafetta. 1525. pp. 5-9	S.A. coast Brazil
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1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 p. 508	S.A. Peru
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 44-45	Caribbean
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Fruit: pineapple; introduced to North America from Caribbean by Europeans; test planting report

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Fruit: pitahaya

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest

Fruit: pitahaya (see also fruit: saguaro)

Fruit: plantain

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 31	C.A. Mexico

Fruit: plantain (see also fruit: banana)

Fruit: plum; native, wild; undifferentiated by type or use

1519	Cortez expedition Bernal Diaz. 1576. p. 70	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 112	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 2, p. 61	N.A. southwest
mid 16th c.	Early Spanish period	S.A. Peru

de la Vega. 1609-12.
8:11 p. 503

1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. p. 30	C.A. Mexico
1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Fruit: plum; native, wild; cirkuela variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Fruit: plum; native, wild; dried

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 47	N.A. southeast
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Fruit: plum; native, wild; grey variety

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
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Fruit: plum; native, wild; paste prepared as flour; baked as bread

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 152	N.A. southeast
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Fruit: plum; native, wild; red variety

1539-42 DeSoto expedition N.A. southeast
Fidalgo de Elvas. 1557.
Vol. 1, pp. 193-194

Fruit: plum; native, wild; white variety

1603 Pringe Expedition N.A. northeast
Pringe. 1603. pp. 224-225

Fruit: plum; domesticated; European introduction

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
9:28 pp. 599-600

Fruit: plum; misidentified by Europeans; persimmon meant

1612 Virginia settlement N.A. east coast
Strachey. 1612. p. 120

1612 Virginia settlement N.A. east coast
Smith. 1612. p. 345

Fruit: plum (see also fruit: amexia; fruit: dansom; fruit: persimmon)

Fruit: pomegranate; European introduction

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
9:27 pp. 598-600

Fruit: pomi appii

1524 Verarzanus expedition N.A. east coast
Hakluyt. 1850. p. 56-71

Fruit: prickly pear

1519 Cortez expedition C.A. Mexico
Bernal Diaz. 1576. p. 147

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1521	Cortez expedition Bernal Diaz. 1576. pp. 416-417	C.A. Mexico
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
1585	Virginia settlement Hariot. 1588. pp. 351-352	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 29-30	C.A. Mexico
1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast

Fruit: prickly pear; preserve

1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
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Fruit: prickly pear (see also fruit: opuntia; fruit: tuna)

Fruit: prune; native, wild; general descriptions, undifferentiated
by type

1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest

Fruit: prune; native, wild; black

1540-42	Coronado expedition Jaramillo. 16th century? p. 126	N.A. southwest
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Fruit: prune; native, wild; green

1540-42	Coronado expedition Jaramillo. 16th century: p. 126	N.A. southwest
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Fruit: prune; domesticated; European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Fruit: quince; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast

Fruit: raisins native, wild; production from American grapes anticipated by Europeans

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
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Fruit: raisins; domesticated; from *Vitis vinifera* grapes; European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
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Fruit: raisins; domesticated; from *Vitis vinifera* grapes; European introduction; served to Native Americans

1605	Waymouth Expedition Rosier. 1605. p. 272	N.A. northeast
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Fruit: raspberry

1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607a. pp. 86-90	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
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Fruit: raspices (see fruit: raspberry)

Fruit: rose (hip)

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
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Fruit: rucma

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
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Fruit: saguaro

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
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1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
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Fruit: saguaro (see also fruit: pitahaya)

Fruit: sapota

1518	Grivjala expedition Bernal Diaz. 1576. pp. 22-23	C.A. Mexico
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1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
Fruit: sacquenummener; boiled		
1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
Fruit: service berry		
1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Fruit: service berry; eaten by Europeans; disliked		
1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Fruit: strawberry		
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 96-97	N.A. southeast
1582	American summary document Hakluyt. 1582. pp. 139-141	N.A. east coast
1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1606	Archer Expedition Percy. 1608a. pp. 134-135	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast
1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 170	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80,	N.A. east coast
1612	also p. 121 Virginia settlement Smith. 1612. p. 347	N.A. east coast

Fruit: strawberry; white variety

1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
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Fruit: tejocite

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
Fruit: tomato		
1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
Fruit: tuna [cactus fruit]		
1519	Cortez expedition Bernal Diaz. 1576. p. 147	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1521	Cortez expedition Bernal Diaz. 1576. pp. 416-417	C.A. Mexico
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
1585	Virginia settlement Hariot. 1588. pp. 351-352	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 29-30	C.A. Mexico
1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
Fruit: tuna; preserve [cactus fruit]		
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
Fruit: tuna (see also fruit: opuntia; fruit: prickly pear)		
Fruit: vine; native, wild; non-grape		

1493-94 Columbus: 2nd voyage
Bernaldez. 1513.
Vol. 1, p. 144 Caribbean

Fruit: vine (see also fruit: grape)

Fruit: whortleberry (see fruit: blueberry; fruit: huckleberry)

Fruit: zapote

1518 Grivjala expedition
Bernal Diaz.1576. pp. 22-23 C.A. Mexico

1519 Cortez expedition
de Sahaun. 1555. pp. 19-20 C.A. Mexico

Fruit: zapote (see also fruit: sapote)

Fruit trees: grafted by Spanish to produce different fruit varieties

mid 16th c. Early Spanish period
de la Vega. 1609-12.
9:28 pp. 600-601 S.A. Peru

Fuller's earth (see chalk: edible; clay: edible; terra sigillata)

Funeral beverage: human bone ash, herbs; cooked in unidentified liquid

1595 Raleigh expedition
Raleigh. 1596. pp. 52-53,
see also p. 109 S.A. northeast

Furmenti (see maize: boiled and seasoned)
