

MASTER LIST: M-N

ITEM:	DATE	EXPLORER CITATION	LOCATION
Maçamorras: variety of maize flour			
	1539-42	DeSoto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
Mackerel (fish)	1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 146-147	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
Macock (squash)	1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 121	N.A. east coast
Macocqwer (see pumpkin)			
Macoko (see squash: macock)			
Maguey: fresh juice	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
Maguey: fresh juice; boiled in rainwater			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:13 pp. 505-506	S.A. Peru
Maguey: fermented juice (pulqué)			
	1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520,	C.A. Mexico

		pp. 86-89	
Maguey: fermented juice (pulqué); mixed with maize			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Maguey: fermented juice (pulqué); mixed with mulli			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Maguey: fermented juice (pulqué); mixed with quinoa			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Maguey: honey			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Maguey: leaf; roasted			
	1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
Maguey: sugar	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
Maguey: vinegar	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Maize: general descriptions; varieties and uses not differentiated			
	1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2. p. 22	Caribbean
	1519	Cortez expedition	C.A. Mexico

Cortés. 1st letter. 1519. pp. 11-12

1519	Cortez expedition Bernal Diaz. 1576. pp. 84-85	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1522	Cortez expedition Cortés: 3rd letter. 1522, pp. 168-169	C.A. Mexico
1524	Cortez expedition Cortés: 4th letter. 1524, pp. 250-251	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 293	C.A. Mexico
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 155	S.A. Peru
1534	H. Pizarro expedition Astete. 1534. pp. 76-78	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 64-66	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1 pp. 34-37	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 82	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22	N.A. southwest
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century?	N.A. southwest

pp. 119-120

1540-42	Coronado expedition de Alvarado & de Padilla 16th century?pp. 129-130	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century?, p. 183	N.A. southwest
1540-42	Coronado expedition de Cardenasa? 16th century? p. 181	N.A. southwest
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. p. 164	N.A. southwest
1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest
1540	Coronado expedition de Alarcon. 1540. pp. 126-129	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1587	Virginia settlement White. 1587. pp. 530-531	N.A. east coast
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1595	Raleigh expedition	Caribbean

1599-1602	Raleigh. 1596. p. 4 Champlain voyage. Champlain. 1603. p. 7	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 31-32	C.A. Mexico
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 134-135	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Wingfield. 1608. pp. 217-218	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 34-35, also pp. 118-119	N.A. east coast

Maize: variety called capitas; identified as soft kernel type

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: variety called murchu; identified as flinty kernel type

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: variety called murchu; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: boiled; general descriptions

	1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
	1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
	1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
Maize: boiled; with beans			
	1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast
Maize: boiled; with beans; served to Europeans			
	1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
Maize: boiled; with beans and mulberry; served to Europeans			
	1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
Maize: boiled; seasoned			
	1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
Maize: bread (see bread: maize)			
Maize: bread; unnamed variety; baked by Native Americans; served to Europeans			
	1607	Virginia settlement Archer. 1607. pp. 82-86, also pp. 90-91	N.A. east coast
Maize: bread; unnamed variety; baked in England by kidnapped Native Americans			
	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast

Maize: bread; variety called pegatewk-apoan; baked by Native Americans; served to Europeans

1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast
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Maize: cane; manufactured into sugar

1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
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Maize: cob; burned to powder; mixed with flour

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast

Maize: cob; roasted in hot ashes

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast

Maize: cooked; preparation called muti

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: cooked with peas

1585	Virginia settlement Hariot. 1588. p. 339	N.A. east coast
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Maize: cooked with whale oil

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Maize: dough

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:20 pp. 357-358	S.A. Peru
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Maize: exported to Panama by Spaniards; fed to F. Pizarro's starving soldiers

1524	F. Pizarro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
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Maize: exported to Spain; variety called murchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: fermented; beverage not identified; drunk by Europeans

1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
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Maize: fermented; beverage not identified; drunk by Native Americans

1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2, p. 22	Caribbean
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Maize: fermented; beer; variety called chica

1532	F. Pizarro: 3rd expedition Xeres. 1534. p. 41	S.A. Peru
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1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
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1533	F. Pizarro: 3rd expedition H. Pizarro. 1533. pp. 120-122	S.A. Peru
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1534	H. Pizarro expedition Astete. 1534. pp. 76-78	S.A. Peru
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1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
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mid 16th c.	Early Spanish period de la Vega. 1609-12. 2:8 p. 86	S.A. Peru
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Maize: fermented; beer; variety called soras

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: fermented; beer; variety called viñapu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Maize: flour; general descriptions

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 24	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? pp. 129-130	N.A. southwest
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1606	Archer Expedition Percy. 1608a. pp. 141-142	N.A. east coast

Maize: flour; undifferentiated type; used in religious ritual

1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
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Maize: flour; boiled; prepared as specialty foods

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast

Maize: flour; parched

1539-42	DeSoto expedition	N.A. southeast
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	Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 12-13	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast

Maize: gift; provided by Native Americans to Europeans to relieve famine

1606	Archer Expedition Percy. 1608a. pp. 143-145	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 172-174	N.A. east coast

Maize: groats; boiled; prepared as thick soup

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast

Maize: groats; compared to British dish, frumentry (wheat-milk gruel)

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
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Maize: kernels; fresh

1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
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Maize: kernels; planted with beans

1612	Virginia settlement Strachey. 1612. pp. 118-119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Maize: kernels; steeped in hot water; pounded in mortar

1612	Virginia settlement	N.A. east coast
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Strachey. 1612. pp. 80-81

Maize: kernels; used in Native American religious ritual

1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
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Maize: leaf; famine food

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
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Maize: malt

1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
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Maize: meal (flour); general descriptions

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22	N.A. southwest

Maize: meal (flour); mixed with water, eaten by Europeans as famine food

1608	Virginia settlement Smith. 1608b. pp. 243-244	N.A. east coast
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Maize: meal (flour); parched

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	N.A. southeast
1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast

Maize: meal (see also maize: flour)

Maize: parched	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 96-97	N.A. southeast
Maize: popcorn	1519	Cortez expedition de Sahaun. 1555. p. 33	C.A. Mexico
Maize: porridge	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Maize: raw	1519	Cortez expedition de Sahaun. 1555. p. 57	C.A. Mexico
	1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 145-147	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:20 pp. 357-358	S.A. Peru
Maize: reported common in Spain			
	1571	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. p. 348	S.A. Peru
Maize: roasted			
	1519	Cortez expedition de Sahaun. 1555. p. 57	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:20 pp. 357-358, also 8:9 pp. 498-499	S.A. Peru
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast
Maize: sodden (see maize: stewed)			
Maize: stalk; described as containing "sweet juice"			
	1612	Virginia settlement	N.A. east coast

	1612	Strachey. 1612. pp. 118-119 Virginia settlement Smith. 1612. p. 350	N.A. east coast
Maize: stalk; famine food			
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 34-37	Caribbean
Maize: stalk; used to manufacture sugar			
	1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
Maize: stewed	1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
Maize: sugar	1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
Maize: syrup?	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
Maize: toasted	1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
Maize: unripe; general descriptions			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 351-352	N.A. east coast
Maize: unripe; boiled; with beans			
	1608	Virginia settlement Smith. 1608. p. 198	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement	N.A. east coast

		Smith. 1612. p. 351-352	
Maize: vinegar	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2, pp. 468-471	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9, pp. 498-499	S.A. Peru
Mallard (bird)	1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Malt: prepared from maize			
	1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
Mamey (fruit)	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
Manatee	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean
	1595	Raleigh expedition Raleigh. 1596. pp. 98-99	S.A. north-east
Manatee (see also: seacow)			
Mangummenauk (see acorn)			
Mani (see peanut)			
Manjar blanco (fruit)			
	mid 16th c.	Early Spanish period de la Vega. 1609-1612, 8:14, p. 508	S.A. Peru
Marijuana: native, wild			

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Archer. 1602. pp. 130-131	N.A. northeast

Marijuana: native; planted in Native American gardens

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
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Marijuana: domesticated; European introduction; test planting report

1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast

Mariock apple	1612	Virginia settlement Strachey. 1612. pp. 79-80, also pp. 120-121	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 352-353	N.A. east coast

Mariock apple (see also passion flower fruit)

Marjoram: native, wild

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
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Marjoram: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Marmalade: potential production discussed

	1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
Marsh potato: boiled			
	1585	Virginia settlement Hariot. 1588. pp. 346-347	N.A. east coast
Marzipan	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Marzipan (see also nut: paste)			
Mastik: unidentified resin; misidentified as mastik by Europeans			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
Mattoume (see grass: seeds used as Native American food)			
Mazard (fruit)	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28, pp. 600-601	S.A. Peru
Meal (flour): source; ground maize?; mixed with water, eaten by Europeans as famine food			
	1608	Virginia settlement Smith. 1608b. pp. 243-244	N.A. east coast
Meal (flour): source; ground maize; general descriptions			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
	1540-42	Coronado expedition de Castañada. 1596.	N.A. southwest

Part 1, pp. 21-22

Meal (flour): source; ground maize; parched

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	N.A. southeast
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Meal (see also flour)

Meat: general descriptions; undifferentiated by animal and type

1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, p. 14	Caribbean
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 162	S.A. Peru
1533	F. Pizarro: 3rd expedition H. Pizarro. 1533. pp. 120-122	S.A. Peru
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 24-30	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
1608	Virginia settlement Wingfield. 1608. pp. 217-218	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 114	N.A. east coast

Meat: unidentified; given by Native Americans to Europeans to relieve famine

1606	Archer Expedition Percy. 1608. pp. 143-145	N.A. east coast
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Meat: unidentified; imported from Europe

1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
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Meat: unidentified; imported from Europe; served to Native Americans

1602	Gosnold Expedition	N.A. northeast
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	1607-1608	Brereton. 1602. pp. 154-158 Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
Meat: unidentified; baked with wild onions; eaten by Europeans			
	1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
Meat: unidentified; boiled			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast
Meat: unidentified; broiled			
	1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast
Meat: unidentified; broth			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast
Meat: unidentified; dried			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
Meat: unidentified; dried; ground into powder			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp.59-60	N.A. southwest

Meat: unidentified; dried; jerkey

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast

Meat: unidentified; half-cooked

1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 145-147	S.A. Peru
1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 40	N.A. southwest

Meat: unidentified; raw

1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. Patagonia
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 40	N.A. southwest
1540-42	Coronado expedition Relacion del Suceso. 16th century? pp. 112-113	N.A. southwest
1541	Coronado expedition Coronado. 1541. pp. 114-115	N.A. southwest

Meat: unidentified; roasted

1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast

Meat: unidentified; roasted on a spit

1612	Virginia settlement	N.A. east coast
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	1612	Strachey. 1612. pp. 80-81 Virginia settlement Smith. 1612. p. 352	N.A. east coast
Meat: aguti	1493-94	Columbus: 2nd voyage Columbus. 16th century?, Vol. 1, pp. 40-44	Caribbean
Meat: alligator			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 40-44	Caribbean
Meat: bacon; European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1, pp. 84-86	Caribbean
Meat: bacon (see also pig; pork)			
Meat: badger?	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: bear; not differentiated by type or use			
	1540	Coronado expedition Coronado. 1540. pp. 94-95	N.A. southwest
	1585-86	Roanoke settlement Lane. 1586. pp. 256-257	N.A. east coast
	1585	Virginia settlement Hariot. 1588. p. 330, also p. 356	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 115, also p. 125	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: bear; highly esteemed by Native Americans			
	1612	Virginia settlement Strachey. 1612. p. 125	N.A. east coast

Meat: bear; traded to Europeans for copper, beads, and hatchets

1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
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Meat: beaver?	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
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Meat: beaver; not differentiated by type or use

1612	Virginia settlement Strachey. 1612. p. 125	N.A. east coast
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1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
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Meat: beaver; Native American gift to Europeans

1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
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Meat: beaver; tail portion especially esteemed by Native Americans

1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
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Meat: beef; European introduction; not differentiated by type or use

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
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1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 18-19	Caribbean
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1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico
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1612	Virginia settlement Smith. 1612. pp. 384-385, also p. 393	N.A. east coast
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Meat: beef; European introduction; European gift to Native Americans

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Meat: beef (see also cattle)

Meat: bird (see fowl)

Meat: bison (see meat: buffalo)

Meat: black and white squirrel

1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Meat: boar (see pig; pork)

Meat: buffalo; general descriptions; not differentiated by meat type or use

1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 30-31	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 37-38	N.A. southwest
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 103	N.A. southwest
1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? p. 126	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century? p. 183	N.A. southwest
1540	Coronado expedition Coronado. 1540. pp. 94-95	N.A. southwest
1540	Coronado expedition de Alarcon. 1540. p. 146	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1541	Coronado expedition Coronado. 1541. pp. 114-115	N.A. southwest

	1584	Barlow expedition Barlow. 1584. pp. 100-101	N.A. east coast
	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
Meat: buffalo; raw			
	1540-42	Coronado expedition Translado de las Nuevas. 16th century? pp. 103-104	N.A. southwest
	1540-42	Coronado expedition Relacion del Suceso. 16th century? pp. 112-113	N.A. southwest
	1541	Coronado expedition Coronado. 1541. pp. 114-115	N.A. southwest
Meat: buffalo; roasted			
	1540-42	Coronado expedition Translado de las Nuevas. 16th century? pp. 103-104	N.A. southwest
Meat: bull (see beef; buffalo; cattle)			
Meat: camel	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:18 pp. 584-585	S.A. Peru
Meat: cattle	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp.	Caribbean
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 14-15	Caribbean
	Mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
	1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico
1606	Archer Expedition Percy. 1608a. p. 132	Caribbean

Meat: cattle (see also meat: beef)

Meat: cayman	1586?	Drake expedition Anonymous. 1586? p. 309	Caribbean
	1595	Raleigh expedition Raleigh. 1596. pp. 54-58	S.A. north-east
	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico

Meat: cebus monkey

	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
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Meat: chicken; European introduction?

	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
	1540	Coronado expedition de Alarcon. 1540. pp. 150-152	N.A. southwest

Meat; chicken: European introduction

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:23 pp. 590-593	S.A. Peru
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
	1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 349, also pp. 445-447	N.A. east coast

Meat; chicken: present in New World before arrival of Spanish

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 11-12	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. p. 101	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition de Cardenasa? 16th century? p. 181	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century? p. 183	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1595	Raleigh expedition Raleigh. 1596. pp. 54-58	S.A. north-east

Meat: chicken: statement by de la Vega that chickens pre-dated Spanish conquest of Peru

mid 16th c	Early Spanish period de la Vega. 1609-12. 9:23 pp. 590-593	S.A. Peru
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Meat: cock (see chicken; fowl)

Meat: coney

1539-42	DeSoto expedition	N.A. southeast
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		Fidalgo de Elvas. 1557. Vol. 1, pp. 51-57	
1562		Florida settlement	N.A. southeast
		Ribault. 1582. pp. 101-108	
1584		Barlow expedition	N.A. east coast
		Barlow. 1584. pp. 96-98	
1585		Virginia settlement	N.A. east coast
		Hariot. 1588. p. 355	
1586		Florida settlement	N.A. southeast
		de Laudonnière. 1586. p. 196	
Meat: coney (see rabbit)			
Meat: cougar	1585	Virginia settlement	N.A. east coast
		Hariot. 1588. pp. 356-357	
Meat: cow (see beef; buffalo; cattle)			
Meat: crocodile	1595	Raleigh expedition	S.A. north-east
		Raleigh. 1596. pp. 54-58	
Meat: deer; general descriptions; types and meats not differentiated			
	1497	Vespucci: 1st voyage	Caribbean
		Vespucci. 1504. pp.17-18	
	1498	Columbus: 3rd voyage	Caribbean
		Columbus. 1498. Vol. 2, p. 14	
	1519	Cortez expedition	C.A. Mexico
		Bernal Diaz. 1576. p. 209	
	1520	Cortez expedition	C.A. Mexico
		Cortés: 2nd letter. 1520, pp. 86-89	
	1524	Verarzanus expedition	N.A. east coast
		Hakluyt. 1850. p. 56-71	
	1539-42	DeSoto expedition	N.A. southeast
		Fidalgo de Elvas. 1557. V ol. 1, p. 57	
	1539-42	DeSoto expedition	N.A. southeast
		de Biedma. 1544. Vol. 2, pp. 21-24	
	1539-42	De Soto expedition	N.A. southeast
		de Oviedo y Valdés. 1546.	

	Vol. 2, p. 82	
1540-42	Coronado expedition de Castañada. 1596. P art 1, p. 24	N.A. southwest
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1579	Drake Expedition to Calif. Drake. 1628. p. 225	N.A. west coast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 331, also p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition	Caribbean

1595	Raleigh. 1596. p. 4 Raleigh expedition	S.A. north-east
1599-1602	Raleigh. 1596. pp. 73-74 Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 140	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 82-83	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Meat: deer; fallow deer

1502	Columbus: 4th voyage Columbus: 1503. p. 100	Caribbean
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 517-518	S.A. Peru
1603	Pringe Expedition	N.A. northeast

1605	Pringe. 1603. pp. 225-226 Waymouth Expedition	N.A. northeast
1606	Rosier. 1605. p. 294 Archer Expedition	N.A. east coast
1612	Percy. 1608. p. 141 Virginia settlement Strachey. 1612. p. 124	N.A. east coast

Meat: deer; red deer

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1606	Hanham Expedition Purchas. 1614. pp. 347-348	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast

Meat: deer; white-tail deer

1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
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Meat: deer; variety not differentiated; venison roasted

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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Meat: deer; variety not differentiated; venison roasted; dried, then boiled and served to Europeans

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
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Meat: dog

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. pp. 40-44	Caribbean
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	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, p. 136	Caribbean
	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 51-57	N.A. southeast
	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:10 pp. 334-335	S.A. Peru
	1585	Virginia settlement Hariot. 1588. pp. 356-357	N.A. east coast
Meat: dolphin	1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Meat: dolphin; served to Europeans by Native Americans			
	1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Meat: dolphin (see also porpoise)			
Meat: elk?	1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
Meat: elk	1606	Hanham Expedition Purchas. 1614. pp. 347-348	N.A. northeast

Meat: fallow deer	1502	Columbus: 4th voyage Columbus: 1503. p. 100	Caribbean
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 517-518	S.A. Peru
	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
	1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
	1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast

Meat: fish (see fish)

Meat: flying squirrel

	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Meat: fowl (see fowl)

Meat: fox squirrel	1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
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Meat: goat; wild, native

	1497	Vespucci: 1st voyage Vespucci. 1504. pp.17-18	Caribbean
	1540	Coronado expedition Coronado. 1540.	N.A. southwest

	pp. 94-95	
1540	Coronado expedition de Mendoza. 1540a.	N.A. southwest
	pp. 83-84	
1540	Coronado expedition de Mendoza. 1540b.	N.A. southwest
	pp. 158-159	
1540	Coronado expedition Coronado. 1540a.	N.A. southwest
	pp. 94-95	
1540	Coronado expedition Coronado. 1540b.	N.A. southwest
	pp. 171-173	
1586	Florida settlement de Laudonnière. 1586.	N.A. southeast
	p. 196	

Meat: goat; domesticated; European introduction

	c. 1539	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
	1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico
	1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 353	N.A. east coast
Meat: grey squirrel	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: guanaco	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 516-517	S.A. Peru
Meat: hare	1519	Cortez expedition Cortés. 1st letter. 1519.	C.A. Mexico

	pp. 14-22	
1519	Cortez expedition Bernal Diaz. 1576.	C.A. Mexico
	pp. 216-217	
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 21-24	N.A. southeast
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. northeast
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico

Meat: hare (see rabbit)

Meat: heart; unidentified animal

1540-42	Coronado expedition Jaramillo. 16th centurn? pp. 119-120	N.A. southwest
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Meat: heifer (see cattle)

Meat: hen (see chicken)

Meat: hog (see pig)

Meat: iguana	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
	1497	Vespucci: 1st voyage Vespucci. 1504. p. 12-15	Caribbean
	1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
	1606	Archer Expedition Percy. 1608. p. 132	Caribbean
Meat: jerkey	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast

Meat: jerky; ground into powder

	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp.59-60	N.A. southwest
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Meat: jerky (see also meat: dried; buffalo, cattle, deer)

Meat: lamb	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
	1612	Virginia settlement Smith. 1612. p. 353	N.A. east coast

Meat: lizard; undifferentiated; probably iguana

	1493-94	Columbus: 2nd voyage	Caribbean
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Columbus. 16th century?
Vol. 1, pp. 40-44

Meat: lizard; undifferentiated; probably iguana; eaten as famine food

	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Meat: llama	1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 154	S.A. Peru
	1533	F. Pizarro: 3rd expedition H. Pizarro. 1533. pp. 120-122	S.A. Peru
	1534	H. Pizarro expedition Astete. 1534. pp. 76-78	S.A. Peru
	1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 64-66	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35, also 8:16 pp. 512-513	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico

Meat: llama (see also: mountain cattle; Peruvian sheep)

Meat: manatee	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean
	1595	Raleigh expedition Raleigh. 1596. pp. 98-99	S.A. north-east

Meat: manatee (see also sea cow)

Meat: mink?	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
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Meat: monkey; cebus variety

	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
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Meat: mountain cattle (see llama)

Meat: muskrat (?)	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
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Meat: muskrat	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
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	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
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Meat: opossum?	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 103	N.A. southeast
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	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
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Meat: opossum	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
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	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
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Meat: opossum: flavor compared to pork

	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
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Meat: organ meat; heart; unidentified animal

	1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
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Meat: organ meat; tripe

	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
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Meat: otter	1612	Virginia settlement Strachey. 1612. p. 125	N.A. east coast
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	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
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Meat: ox; European introduction

c. 1550	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Meat: ox (see also beef, cattle)

Meat: pemmican	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
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Meat: Peruvian sheep (see llama)

Meat: pig; domesticated; European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
1524	F. Pizarro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 14-15, also pp. 154-164	Caribbean
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 63	N.A. southeast
c. 1539	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean

1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 73-74	S.A. north-east
1599	Early Spanish period de la Vega. 1609-12. 7:25 p. 458	S.A. Peru
1599-1602	Champlain voyage. Champlain. 1603. pp. 44-45	Caribbean
1612?	Virginia settlement Smith. 1612. pp. 440-441, also pp. 445-447	N.A. east coast

Meat: pig; domesticated; pork (fresh? salt?) boiled with peas; served by Europeans to Native Americans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
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Meat: pig; domesticated; imported salt pork (?)

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Meat: pig; domesticated; imported salt pork (?); mixed with peas and boiled

1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
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Meat: pig; domesticated; imported salt pork (?); served to Native Americans

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
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Meat: pig; domesticated; fresh pork (?); served to Native Americans

1605	Waymouth Expedition Rosier. 1605. pp. 268-270	N.A. northeast
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Meat: pig; domesticated; ferrel?

1519	Cortez expedition Bernal Diaz. 1576. pp. 44-45	C.A. Mexico
1526	Cortez expedition	C.A. Mexico

		Cortés: 5th letter. 1526, p. 293	
1540		Coronado expedition	N.A. southwest
		Coronado. 1540. pp. 94-95	
1562		Florida settlement	N.A. southeast
		Ribault. 1582. pp. 101-108	
1599-1602		Champlain voyage.	C.A. Mexico
		Champlain. 1603. p. 35	
1605		Waymouth Expedition	N.A. northeast
		Rosier. 1605. p. 294	
1606		Archer Expedition	Caribbean
		Percy. 1608. p. 132	

Meat: pig; ferrel (see also wild boar)

Meat: porcupine	1540	Coronado expedition	N.A. southwest
		Coronado. 1540a. pp. 94-95	
	1540	Coronado expedition	N.A. southwest
		Coronado. 1540b. pp. 171-173	

Meat: pork (see bacon; pig)

Meat: porpoise	1585	Virginia settlement	N.A. east coast
		Hariot. 1588. p. 360	
	1612	Virginia settlement	N.A. east coast
		Strachey. 1612. pp. 127-128	
	1612	Virginia settlement	N.A. east coast
		Smith. 1612. p. 350	

Meat: porpoise (see also dolphin)

Meat: puma	1585	Virginia settlement	N.A. east coast
		Hariot. 1588. pp. 356-357	

Meat: rabbit; native, wild; general descriptions; undifferentiated by type

	1519	Cortez expedition	C.A. Mexico
		Cortés. 1st letter. 1519.	
		pp. 14-22	
	1519	Cortez expedition	C.A. Mexico
		Bernal Diaz. 1576.	
		pp. 216-217	
	1520	Cortez expedition	C.A. Mexico

	Cortés: 2nd letter. 1520, pp. 86-89	
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest
1540	Coronado expedition de Alarcon. 1540. p. 142	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico

Meat: rabbit; misidentified; called ayre by Europeans

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
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Meat: rabbit; misidentified; called coney by Europeans

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 51-57	N.A. southeast
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast

Meat: rabbit; misidentified; called hare by Europeans

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 21-24	N.A. southeast
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. northeast
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico

Meat: rabbit; jack rabbit?

1539-42	DeSoto expedition	N.A. southeast
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Fidalgo de Elvas. 1557.
Vol. 1, pp. 145-146

Meat: rabbit; tame mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12. 2:8 p. 86

Meat: rabbit; tame; exported to Spain

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:17 pp. 517-518

Meat: rabbit; vizcacha variety

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:17 pp. 517-518

Meat: rabbit; domesticated; European introduction

1495 Columbus expedition Caribbean
Columbus memorandum. 1495.
Vol. 1. pp. 84-86

Meat: raccoon? 1585 Virginia settlement N.A. east coast
Hariot. 1588. pp. 355-356

Meat: rattlesnake 1599-1602 Champlain voyage. C.A. Mexico
Champlain. 1603. p. 33

Meat: red deer 1519 Cortez expedition C.A. Mexico
Cortés. 1st letter. 1519.
pp. 14-22

1592-93 New England Settlements. N.A. northeast
Hayes. 1592-93.
pp. 170-172.

1606 Hanham Expedition N.A. northeast
Purchas. 1614.
pp. 347-348

1606 Archer Expedition N.A. east coast
Percy. 1608. p. 141

1612 Virginia settlement N.A. east coast
Strachey. 1612. p. 124

Meat: sea cow	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean
	1595	Raleigh expedition Raleigh. 1596. pp. 98-99	S.A. north-east

Meat: sea cow (see also manatee)

Meat: serpent (iguana meant)

	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
	1497	Vespucci: 1st voyage Vespucci. 1504. p. 12-15	Caribbean
	1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
	1606	Archer Expedition Percy. 1608. p. 132	Caribbean

Meat: sheep; native, wild

	1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
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Meat: sheep; domesticated; European introduction

	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 184-86	Caribbean
	1540	Coronado expedition Coronado. 1540. p. 87	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:8 pp. 418-419, also 9:20 p. 586	S.A. Peru
	1585	Raleigh expedition	Caribbean

1599	Anonymous Tiger crew member. 1585, pp. 178-179 Early Spanish period de la Vega. 1609-12 7:25 p. 458	S.A. Peru
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico

Meat: sheep (see also lamb)

Meat: shellfish (see shellfish)

Meat: snake: general descriptions; undifferentiated types

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 40-44	Caribbean
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Meat: snake: unidentified variety; eaten by Native Americans and Europeans

1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
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Meat: snake: rattlesnake

1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
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Meat: Spanish hen (see chicken)

Meat: spider; general description; undifferentiated by type

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
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Meat: squirrel; undifferentiated; eaten by Europeans

1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
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	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
Meat: squirrel; undifferentiated; eaten by Native Americans			
	1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 124	N.A. east coast
Meat: squirrel; black and white squirrel			
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: squirrel; flying squirrel			
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: squirrel; fox squirrel			
	1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
Meat: squirrel; grey squirrel			
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Meat: tapir	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
	1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east
Meat: terrapin (see turtle)			

Meat: tortoise; fresh water

1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
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Meat: tortoise; marine

1499	Vespucci. 2nd voyage Vespucci. 1504. pp. 23-32	Caribbean
1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
1585-86	Drake expedition Boazio map. 1585. p. 68	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 34-35	C.A. Mexico

Meat: tortoise; terrestrial (see turtle: terrestrial)

Meat: tripe	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
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Meat: turtle; fresh water

1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
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Meat: turtle; marine

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean
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Meat: turtle; terrestrial

1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. east coast

Meat: turtle; terrestrial (see also terrapin; tortoise)

Meat: venison (see meat: deer)

Meat: vicuña 1532-34		F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
	1599-1602	Champlain voyage Champlain. 1603. p. 35	S.A. Mexico
Meat: "water creature"; not otherwise described			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
Meat: white tail deer			
	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
Meat: wild boar (see pig; pork)			
Meat: worm	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
Medlar (fruit)	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
	1586	Florida settlement de Laudonnière. 1586, pp. 195-196.	N.A. southeast
	1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
Melden (see borage?)			
Melon: native, wild; undifferentiated			
	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
	1540-42	Coronado expedition	N.A. southwest

	Traslado de las Nuevas. 16th century? p. 102	
1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? pp. 129-130	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century? p. 183	N.A. southwest
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico

Melon: native, wild; undifferentiated; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Melon: native, wild; undifferentiated; boiled; cooked with walnut milk (oil)

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Melon: native, wild; undifferentiated; dried

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
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Melon: native, wild; undifferentiated; planted by Native Americans

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Melon: native, wild; undifferentiated; stewed

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Melon: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Mesquite: pod

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
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Messaminne: variety of native grape (see grape: native)

Metaquesunnauk (see prickly pear)

Milk: unidentified source; drunk by Spanish

c. 1550	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
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Milk: fallow deer; kidnapped Native American report

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Milk: reindeer; kidnapped Native American report

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Milk: walnut (see oil: walnut; walnut: milk)

Millet	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
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Millet (misidentified by Europeans; quinoa meant; see quinoa)

Million (see melon)

Mink?	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
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Mint: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Mirobolan (fruit)	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 68	Caribbean
	1499	Vespucci: 2nd voyage Vespucci. 1504. pp. 23-32	Caribbean

Mirabolan: wine	1499	Vespucci: 2nd voyage Vespucci. 1504. pp.23-32	Caribbean
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Molasses	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
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Monkey: cebus	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
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Mountain cattle: European (Spanish) term for llama

1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
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	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 154	S.A. Peru
	1533	F. Pizarro: 3rd expedition H. Pizarro. 1533. pp. 120-122	S.A. Peru
	1534	H. Pizarro expedition Astete. 1534. pp. 76-78	S.A. Peru
	1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 64-66	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35, also 8:16 pp. 512-513	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
Mourning dove	1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
Mourning dove (see also stockdove)			
Mulberry: native, wild			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 65-66	N.A. southeast
	1539-42	DeSoto expedition de Biedma. 1544. V ol. 2, pp. 12-13	N.A. southeast
	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
	1540	Coronado expedition Coronado. 1540a. pp. 89-90	N.A. southwest
	1540	Coronado expedition Coronado. 1540b. p. 166	N.A. southwest
	1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast

1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 170	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Mulberry: native, wild; served by Native Americans to Europeans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
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Mulberry: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Mullet (fish)	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Mulli: berries	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
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Mulli: berries; prepared as a hot beverage

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
Mulli: berries; cooked with maize; prepared as a hot beverage			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
Mulli: syrup	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
Muscascus (see muskrat)			
Muskmelon	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
Muskrat (?)	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
Muskrat	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast
Mussascus (see muskrat)			
Mussel: fresh water varieties			
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 110-111	N.A. southeast
	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
Mussel: marine varieties			
	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
	1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
	1602	Gosnold Expedition	N.A. northeast

1602	Archer. 1602. pp. 131-132 Gosnold Expedition	N.A. northeast
1603	Brereton. 1602. pp. 150-152 Pringe Expedition	N.A. northeast
1605	Pringe. 1603. pp. 225-226 Waymouth Expedition	N.A. northeast
1606	Rosier. 1605. pp. 264-266 Archer Expedition	N.A. east coast
1612	Percy. 1608a. pp. 134-135 Virginia settlement	N.A. east coast
1612	Strachey. 1612. pp. 127-128 Virginia settlement	N.A. east coast
	Smith. 1612. p. 350	

Mussell: marine varieties; boiled with oysters

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
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Mustard: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Mustard: European introduction; served to Native Americans

1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 154-158	N.A. northeast

Muti: cooked maize dish

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
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Ñuñuma (see duck)

Nut: general descriptions; varieties undifferentiated

1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1540-42	Coronado expedition de Castañada. 1596. Part 2. p.61	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 89-90	N.A. southwest
1540	Coronado expedition Coronado. 1540b. p. 166	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest

Nut: unidentified; misidentified; described as "almond"

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 p. 508	S.A. Peru
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Nut: unidentified; misidentified; described as "almond-like"

1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
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Nut: unidentified; described as "thin-shelled"

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Nut: unidentified; described as "walnut" by Spanish

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 p. 508	S.A. Peru
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Nut: unidentified; paste

1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
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Nut: acorn-like 1607 Virginia settlement N.A. east coast

		Archer. 1607. pp. 82-86	
Nut: acorn	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Nut: almond-like	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153.	N.A. northeast

Nut: almond; European introduction

	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1, pp. 84-86	Caribbean
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28, pp. 600-601	S.A. Peru
	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
Nuts: Brazil nut	1599-1602	Champlain voyage. Champlain. 1603. p. 37	C.A. Mexico
Nut: chestnut	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 79-80, also 119	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Nut: chinquapin nut

	1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 119	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Nut: chinquapin nut; flour prepared as bread

	1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
Nut: coconut	1526	Cortez expedition Cortés: 5th letter. 1526, p. 319	C.A. Mexico
	1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. p. 31	C.A. Mexico
Nut: filbert	1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast
Nut: groundnut (<u>Apios tuberosa?</u>)			
	1602	Gosnold Expedition Archer. 1602. pp. 126-128 also pp. 134-135	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
Nut: groundnut (<u>Arachis hypogea:</u> peanut?)			
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Nut: hazelnut	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
	1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast

Nut: hickory nut	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
Nut: peanut?	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Nut: peanut	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 317	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Nut: peanut; oil	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Nut: peanut; mixed with honey; prepared as marzipan			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Nut: peanut; toasted			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Nut: peanut (see also nut: groundnut)			
Nut: pecan	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 116-118	N.A. southeast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Nut: pine nut	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22	N.A. southwest
	1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest

Nut: piñon (see nut: pine nut)

Nut: walnut: native, wild

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 65-66	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 24-30	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1585-86	Virginia settlement Lane. 1586. pp. 256-257	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account].	N.A. east coast

	1610. pp. 151-153	
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Nut: walnut: unidentified; described as "hard-shelled"; kernel pounded to powder

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
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Nut: walnut: unidentified; described as "hard-shelled with sweet kernel"

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
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Nut: walnut: black walnut

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Nut: walnut: cooked with beans

1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
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Nut: walnut: cooked with maize

1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
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Nut: walnut: cooked with peas

1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
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Nut: walnut: cooked with pumpkin

1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
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Nut: walnut: kernels dried and stored

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
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Nut: walnut: milk

1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Nut: walnut: milk (see also walnut: oil)

Nut: walnut: milk; cooked with melon

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Nut: walnut: misidentified by Europeans; described as "tender shelled" or "shaped like acorn" (see pecan)

Nut: walnut: oil	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Nut: walnut: oil (see also walnut: milk)

Nut: walnut: served by Native Americans to Europeans

1607	Virginia settlement Archer. 1607a. pp. 86-90	N.A. east coast
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Nut: walnut; shaped like acorn (see pecan)

Nutmeg	1493-94 Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 68	Caribbean
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