

MASTER LIST: O-Q

ITEM:	DATE	EXPLORER CITATION	LOCATION
Oats: native, wild?	1540-42	Coronado expedition de Castañada. 1596. Part 2, p. 61	N.A. southwest
	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
Oats: native; grown in Native American gardens			
	1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
Oats: domesticated; European introduction			
	1585	Virginia settlement Hariot. 1588. p. 344	N.A. east coast
Oat: domesticated; European introduction; test planting report			
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
Oatmeal: European introduction			
	1608	Virginia settlement Smith. 1608. p. 203	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 384-385, also p. 393	N.A. east coast
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru

Oca (root): general descriptions; undifferentiated by type or use

	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:1 pp. 241-242	S.A. Peru
Oca (root): jam	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
Oca (root): raw	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
Oca (root): stew	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru

Ocoughtanamin (berry): boiled to remove poison

	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Ocoughtanamin (berry): dried

	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
--	------	---	-----------------

Ocoughtanamin (berry): fresh

	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
--	------	---	-----------------

Oil-fat: edible; general descriptions; undifferentiated types

	1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
--	------	--	----------------

	1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast
Oil-fat: edible; unidentified type; described as "sweet"			
	1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
Oil-fat: edible; unidentified type; imported from Europe			
	1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
Oil-fat: edible; unidentified type; imported from Europe; given to Native Americans			
	1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
Oil-fat: acorn	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 330	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast
Oil-fat: bear			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 330	N.A. east coast
Oil-fat: buffalo; fat described as "eaten raw"			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	1540-42	Coronado expedition Translado de las Nuevas.	N.A. southwest

16th century? pp. 103-104

Oil-fat: butter; American; prepared by Native Americans from fallow deer milk

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
------	--	----------------

Oil-fat: butter; American; prepared by Native Americans from reindeer milk

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
------	--	----------------

Oil-fat: butter; American; prepared by Spanish from cow's? milk

1550	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
------	--	-----------

Oil-fat: butter; European; imported

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
------	--	-----------------

Oil-fat: cacao leaf	1599-1602	Champlain voyage Champlain. 1603. p. 28	C.A. Mexico
---------------------	-----------	--	-------------

Oil-fat: codfish	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
------------------	---------	--	----------------

Oil-fat: fish; type unidentified

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
-------------	--	-----------

Oil-fat: lard; bear	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 330	N.A. east coast

Oil-fat lard; pig	mid 16th c.	Early Spanish period	S.A. Peru
-------------------	-------------	----------------------	-----------

de la Vega. 1609-12.
9:19 pp. 585-586

Oil-fat: lard; pig; substituted for olive oil on Friday and during Lent

mid 16th c. Early Spanish period
de la Vega. 1609-12.
9:19 pp. 585-586 S.A. Peru

Oil-fat: peanut mid 16th c. Early Spanish period
de la Vega. 1609-12.
8:10 p. 501 S.A. Peru

Oil-fat: rape seed 1592-93 New England Settlements.
Hayes. 1592-93. pp. 170-172. N.A. northeast

Oil-fat: salad oil 1608 Virginia settlement
Wingfield. 1608. p. 228 N.A. east coast

Oil-fat: seal 1592-93 New England Settlements.
Hayes. 1592-93. pp. 170-172. N.A. northeast

Oil-fat: suet; fallow deer

1608 Virginia settlement
Smith. 1608. p. 188 N.A. east coast

1612 Virginia settlement
Strachey. 1612. p. 115 N.A. east coast

1612 Virginia settlement
Smith. 1612. pp. 346-347 N.A. east coast

Oil-fat: tallow; source unidentified

mid 16th c. Early Spanish period
de la Vega. 1609-12.
1:11 pp. 34-35 S.A. Peru

Oil-fat: walnut (see also walnut milk)

1539-42 DeSoto expedition
Fidalgo de Elvas. 1557.
Vol. 1, pp. 69-74 N.A. southeast

1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12; also 13-15	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Oil-fat: whale; undifferentiated

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
---------	--	----------------

Oil-fat: whale; cooked with maize meal

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
------	--	----------------

Oil-fat: whale; cooked with peas

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
------	--	----------------

Okeepenauk (see potato: wild)

Okindgier (see bean)

Oldwife (see fish: bream)

Olive: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean

Olive: European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
------	---	-----------------

Omelette	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
----------	------	---	-------------

Onion: native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 87-88	N.A. southeast
---------	--	----------------

1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
------	--	----------------

1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
-----------	---	----------------

Onion: native, wild; preparation not identified; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	--	-----------------

Onion: native, wild; baked with meat; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	--	-----------------

Onion: native, wild; boiled; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	--	-----------------

Onion: native, wild; salad; eaten by Europeans not Native Americans

1612	Virginia settlement	N.A. east coast
------	---------------------	-----------------

Strachey. 1612. pp. 123-124

Onion: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean

Ooze (see algae cake)

Opassom (see opossum)

Openauk (see marsh potato)

Opossum?	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
----------	------	--	-----------------

Opossum?: described as "small, barkless dog"

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 103	N.A. southeast
---------	---	----------------

Opossum	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Opossum: meat taste compared to pork

1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
------	---	-----------------

Opuntia (see prickly pear)

Orange: European introduction

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
mid 16th c.	Early Spanish period	S.A. Peru

	de la Vega. 1609-12. 9:27 pp. 598-599	
1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico

Orange: European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Orchid: glue orchid; famine food

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
------	---	-------------

Organ meat: heart

1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
---------	--	----------------

Organ meat: tripe

1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
------	---	-------------

Osamener (see acorn)

Otter

1612	Virginia settlement Strachey. 1612. p. 125	N.A. east coast
1612	Virginia settlement	N.A. east coast

Smith. 1612. pp. 348-349

Oxen: European introduction

c. 1550	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
Oxeye (bird)	1612 Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast

Oyster: general descriptions; undifferentiated

1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
1586	Virginia settlement Lane. 1586. p. 283	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1606	Hanham Expedition Purchas. 1614. pp. 349-350	N.A. northeast
1606	Archer Expedition Percy. 1608. pp. 134-135	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 42, also pp. 127-128	N.A. east coast

	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Oyster: boiled with mussels			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Oyster: broth; thickened with maize flour			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Oyster: dried	1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Pacollama (see llama)			
Pagatowr (see maize)			
Palm: general descriptions			
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 14-15	Caribbean
Palm: cabbage (see palmeto cabbage)			
Palm: sap; fermented; prepared as wine			
	1599-1602	Champlain voyage. Champlain. 1603. p. 30	C.A. Mexico
Palmeto cabbage	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
	1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean

Palmeto: starch; prepared as flour; baked as bread

1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean
------	--	-----------

Panicap (beer)	1520	Cortez expedition Cortés. 2nd letter. 1520, p. 60	C.A. Mexico
----------------	------	--	-------------

Pansarowmana (see unripe maize, boiled with beans)

Pap; prepared from maize

1585	Virginia settlement Hariot. 1588. p. 337-339	N.A. east coast
------	---	-----------------

Papa (see potato)

Papaw (see papaya)

Papaya	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
--------	-----------	--	-----------

Parakeet	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
----------	------	--	-----------------

Parsley: native, wild

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
------	--	-----------------

Parsley: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Parsnip: European introduction

1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
------	--	-----------------

Partridge: native, wild

1519	Cortez expedition Cortés. first letter. 1519. pp. 14-22	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, pp. 332-333	C.A. Mexico
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1. pp. 51-57	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35, also 8:20 pp. 523-525	S.A. Peru
1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 126	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast

Partridge: tame; raised in cages

1534	H. Pizarro expedition Astete. 1534. p. 80	S.A. Peru
------	--	-----------

Passenger pigeon	1612	Virginia settlement	N.A. east coast
------------------	------	---------------------	-----------------

Strachey. 1612. pp. 126-127

Passion flower: fruit

1612	Virginia settlement Strachey. 1612. pp. 79-80, also pp. 120-121	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 352-353	N.A. east coast

Paste: honey paste 1519

Cortez expedition
Bernal Diaz. 1576.
pp. 216-217

C.A. Mexico

Paste: nut-type paste; unspecified

1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
------	--	-------------

Paste: nut-type paste (see also marzipan)

Pastry: fish; unspecified variety

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Pastry: meat; unspecified variety of wild game

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Pauarawmena (see maize: unripe, boiled with beans)

Pausarowmena (see maize: unripe, boiled with beans)

Pawcohisora (see walnut: milk)

Pawpaw (see: papaya)

Pea: native, wild; general descriptions

1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Archer. 1602. pp. 117-118	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260	N.A. northeast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 387-388	N.A. east coast

Pea: native, wild; cooked by Native Americans; served to Europeans

1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
------	--	----------------

Pea: native, wild; cooked with whale oil

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
------	--	----------------

Pea: native, wild; planted in Native American gardens

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Virginia settlement	N.A. east coast

1612	Wingfield. 1608. p. 228 Virginia settlement Strachey. 1612. p. 115, also p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Pea: domesticated?, European introduction?; boiled

1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast

Pea: domesticated?, European introduction?; boiled with pork

1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
------	--	-----------------

Pea: domesticated? European introduction?; boiled with pork; served to Native Americans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
------	--	-----------------

Pea: domesticated; European introduction

1585	Virginia settlement Hariot. 1588. p. 339	N.A. east coast
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1587	Virginia settlement White. 1587. pp. 530-531	N.A. east coast

Pea: domesticated, European introduction; test planting report

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast

Pea: domesticated, European introduction; cooked by Europeans; served to Native Americans

	1605	Waymouth Expedition Rosier. 1605. pp. 268-270, also p. 275, 279-281, 283-285	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Pea: boiled	1585	Virginia settlement Hariot. 1588. p. 339	N.A. east coast

Pea: boiled; cooked with maize

	1585	Virginia settlement Hariot. 1588. p. 339	N.A. east coast
--	------	---	-----------------

Peach: European introduction

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
--	-------------	--	-----------

Peanut?	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
---------	------	--	-----------------

Peanut	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 317	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru

Peanut: cooked with honey; prepared as marzipan

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
--	-------------	---	-----------

Peanut: oil	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Peanut: toasted	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Pear: native, wild	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico

Pear: native, wild; mixed with sugar; preserve

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
--	-------------	---	-----------

Pear: prickly pear (Opuntia) meant

	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
--	------	---	-----------------

Pecan	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 116-118	N.A. southeast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Pecan (see also walnut: misidentified by Europeans; described as "tender shelled" or "shaped like acorn")

Peel (fish)	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
-------------	---------	---	----------------

Pegatewk-apoan: variety of maize bread; baked by Native Americans; served to Europeans

	1607	Virginia settlement Archer. 1607. pp. 90-91	N.A. east coast
Pemmican	mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 326-327	S.A. Peru
Penguin (see Fowl: great auk)			
Pennyroyal: native, wild			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
Pepper: general descriptions; undifferentiated types			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
	1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 336-337	C.A. Mexico
	mid 16th c	Early Spanish period de la Vega. 1609-12. 6:11 p. 336	S.A. Peru
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
Pepper: chili; general descriptions			
	1519	Cortez expedition Bernal Diaz. 1576. p. 135	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter.	C.A. Mexico

1526, p. 293

Pepper: chili; introduced to Peru by Spanish arriving from Mexico

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 502	S.A. Peru
-------------	--	-----------

Pepper: chilimole sauce

1521	Cortez expedition Bernal Diaz. 1576. p. 436	C.A. Mexico
------	--	-------------

Pepper: pimienta

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
---------	--	-----------

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:24 pp. 366-367, also 7:1 pp. 401-402	S.A. Peru
-------------	---	-----------

Pepper: pimienta; variety called chinchi uchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pepper: pimienta; variety called rocot uchu; red type; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Perch	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
-------	------	--	-----------------

	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
--	------	--	-----------------

Periwinkle	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
------------	------	--	-----------------

Persimmon: native, wild

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Persimmon: native, wild; baked; prepared as pudding by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
------	---	-----------------

Persimmon: native, wild; boiled; prepared as pudding by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
------	---	-----------------

Persimmon: native, wild; dried

1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
------	---	-----------------

Peruvian sheep: llama meat

1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 154	S.A. Peru
1533	F. Pizarro: 3rd expedition H. Pizarro. 1533. pp. 120-122	S.A. Peru
1534	H. Pizarro expedition Astete. 1534. pp. 76-78	S.A. Peru
1534	F. Pizarro: 3rd expedition	S.A. Peru

	mid 16th c.	Sancho. 1534. pp. 64-66 Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35, also 8:16 pp. 512-513	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
Pessemin (see persimmon)			
Pheasant	1519	Cortez expedition Bernal Diaz. 1576. p. 209	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 332-333	C.A. Mexico
	1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. northeast
Pie: fish; unidentified type			
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
Fig: domesticated; European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
	1524	F. Pizzaro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 14-15, also pp. 154-164	Caribbean
	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 63	N.A. southeast

c. 1539	Early Spanish period de la Vega. 1609-12. 9:17 pp. 582-584	S.A. Peru
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 73-74	S.A. north-east
1599	Early Spanish period de la Vega. 1609-12. 7:25 p. 458	S.A. Peru
1599-1602	Champlain voyage. Champlain. 1603. ppp. 44-45	Caribbean
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1612?	Virginia settlement Smith. 1612. pp. 440-441, also pp. 445-447	N.A. east coast

Pig, domesticated; European introduction; pork boiled with peas; served by Europeans to Native Americans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
------	--	-----------------

Pig: domesticated; European introduction; salt pork (?)

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
------	--	-----------------

Pig, domesticated; European introduction; salt pork (?); boiled with peas

1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
------	--	-----------------

Pig, domesticated; European introduction; salt pork (?); served by Europeans to Native Americans

1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
------	--	-----------------

Pig: domesticated; European introduction; fresh pork (?); served to by Europeans to Native Americans

1605	Waymouth Expedition Rosier. 1605. pp. 268-270	N.A. northeast
------	--	----------------

Pig: domesticated; European introduction; ferrel?

1526	Cortez expedition Cortés: 5th letter. 1526, p. 293	C.A. Mexico
------	--	-------------

Pig: domesticated; European introduction; feral?; wild boar?

1519	Cortez expedition Bernal Diaz. 1576. pp. 44-45	C.A. Mexico
1540	Coronado expedition Coronado. 1540. pp. 94-95	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 132	Caribbean

Pigeon: native, wild; undifferentiated varieties

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, p. 136	Caribbean
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12.	S.A. Peru

1586	6:6 pp. 326-327 Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast

Pigeon: native, wild; passenger pigeon

1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
------	--	-----------------

Pigeon: domesticated; European introduction; described as "tame"

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
-------------	--	-----------

Pimiento: general descriptions

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:24 pp. 366-367, also 7:1 pp. 401-402	S.A. Peru

Pimiento: variety called chinchi uchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pimiento: variety called rocot uchu; red type; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pimiento (see also pepper)

Pimiento de las Indias (see pepper: pimiento)

Piña (see pineapple)

Pineapple: general descriptions

1519	Magellan expedition Pigafetta. 1525. pp. 5-9	S.A. coast Brazil
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 p. 508	S.A. Peru
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 44-45	Caribbean
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Pineapple: introduced to North America from Caribbean by Europeans; test planting report

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Pine nut	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 21-22	N.A. southwest
	1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest

Pinol

1519	Cortez expedition de Sahaun. 1555. p. 61	C.A. Mexico
------	---	-------------

Pinol (see also: maize: parched)

Piñon (see pine nut)

Pitahaya: fruit	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
	1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest

Pitahaya: fermented juice; wine

	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
--	---------	---	----------------

Pitahaya (see also saguaro)

Plaice (see fish: flounder; fish: plaice; fish: sole)

Plaice

	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Plaice (also see fish: flounder; fish: sole)

Plantain

	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
	1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
	1599-1602	Champlain voyage.	Caribbean

1599-1602	Champlain. 1603. pp. 7-12 Champlain voyage. Champlain. 1603. p. 31	C.A. Mexico
-----------	--	-------------

Plantain (see also banana)

Plantano (see also banana; plantain)

Plum: native, wild; undifferentiated by type

1519	Cortez expedition Bernal Diaz. 1576. p. 70	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 112	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 2, p. 61	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. p. 30	C.A. Mexico
1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Plum: native, wild; cirkuela variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
-------------	--	-----------

Plum: native, wild; dried variety

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 47	N.A. southeast
---------	---	----------------

Plum: native, wild; grey variety

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
---------	---	----------------

Plum: native, wild; prepared as flour; baked as bread

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 152	N.A. southeast
---------	--	----------------

Plum: native, wild; red variety

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
---------	---	----------------

Plum: native, wild; white variety

1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
------	--	----------------

Plum: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
-------------	--	-----------

Plum: misidentified; persimmon meant

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
1612	Virginia settlement	N.A. east coast

Smith. 1612. p. 345

Plum (see also amexia; damsom)

Pockerehicory: unidentified beverage

1612	Virginia settlement Strachey. 1612. p. 114	N.A. east coast
------	---	-----------------

Poketawes (see maize)

Pomegranate: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-600	S.A. Peru
-------------	--	-----------

Pompion (see pumpkin)

Ponepoppe (see bread: maize)

Popcorn	1519	Cortez expedition de Sahaun. 1555. p. 33	C.A. Mexico
---------	------	---	-------------

Poppy seed: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Porcupine	1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
	1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest

Pork (see pig)

Porpoise	1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Porpoise: meat; served to Europeans by Native Americans

	1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
--	------	--	----------------

Porpoise (see also dolphin)

Porridge: unidentified cereal source

	1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
--	------	--	-----------------

Potash	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
--------	------	---	-----------------

Potash (see borage?: stalk burned to obtain ash used as condiment)

Potato: native, wild; eaten raw

	1585	Virginia settlement Hariot. 1588. p. 347-348	N.A. east coast
--	------	---	-----------------

Potato: native, domesticated; general descriptions

	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:3 pp. 246-247	S.A. Peru

1585	Virginia settlement Hariot. 1588. pp.347-348	N.A. east coast
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Potato: native, domesticated; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Potato: native, domesticated; exported to England

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
------	---	----------------

Potato: native, domesticated; frozen, then dried (chuñu)

mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:1 pp. 401-402	S.A. Peru
-------------	---	-----------

Potato: native, domesticated; frozen, then dried (see also chuñu)

Potato: native, domesticated; roasted

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Potato: native, domesticated; stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Potto (root)	1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
--------------	---------	---	-----------

Poultry: undifferentiated; general descriptions

	1519	Cortez expedition Bernal Diaz. 1576. pp. 84-85	C.A. Mexico
--	------	--	-------------

Poultry (see: birds; fowl, and by specific headings))

Powcohicora (see walnut: milk)

Prepared-processed foods: see under the following headings:

- algae cake
- aqua vitae (see also brandy)
- beer
- biscuits
- brandy
- bread
- broth
- butter
- cacao
- cake
- candy
- cassava
- caviar
- cheese
- codfish
- conserves
- egg: omelet
- dried: fruit
- dried: vegetables
- fat
- flour
- fritters
- groats
- herb tea
- honey paste
- jam
- jelly
- jerkey
- juice

marmalade
 marzipan
 oatmeal
 oil
 pastry
 pie
 preserve
 pudding
 pulqué
 rolls
 salad
 salted meats
 soup
 stew
 sweetmeats
 syrup
 venison
 walnut: oil (milk)
 wine

Preserve: unidentified fruit types; imported from Europe

1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
------	--	-----------------

Preserve: banana

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:14 pp. 507-508	S.A. Peru
-------------	--	-----------

Preserve: ginger	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
------------------	-----------	--	-----------

Preserve: guava; made by Spanish colonists; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 pp. 502-503	S.A. Peru
-------------	--	-----------

Preserve: pear; native, wild

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
Preserve: prickly pear			
	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
Prickly pear: fruit	1519	Cortez expedition Bernal Diaz. 1576. p. 147	C.A. Mexico
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1521	Cortez expedition Bernal Diaz. 1576. pp. 416-417	C.A. Mexico
	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
	1585	Virginia settlement Hariot. 1588. pp. 351-352	N.A. east coast
	1599-1602	Champlain voyage. Champlain. 1603. pp. 29-30	C.A. Mexico
	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
Prickly pear: juice	1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast

Prickly pear: preserve

	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 18-22	N.A. southwest
--	---------	---	----------------

Prickly pear (see also opuntia; tuna)

Processed foods (see prepared foods)

Prune: native, wild; general descriptions, undifferentiated by type

1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
1541	Coronado expedition Coronado. 1541. p. 117	N.A. southwest

Prune: native, wild; black

1540-42	Coronado expedition Jaramillo. 16th century? p. 126	N.A. southwest
---------	---	----------------

Prune: native, wild; green

1540-42	Coronado expedition Jaramillo. 16th century: p. 126	N.A. southwest
---------	---	----------------

Prune: domesticated; European introduction; test planting report

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
------	---	-----------------

Pudding: persimmon; native, wild; baked; prepared by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
------	---	-----------------

Pudding: persimmon; native, wild; boiled; prepared by Europeans

1612	Virginia settlement Strachey. 1612. p. 120	N.A. east coast
------	---	-----------------

Pulqué: maguey; fermented juice

1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico

Pulqué: maguey; mixed with maize

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pulqué: maguey; mixed with mulli

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pulqué: maguey; mixed with quinoa

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Pulse: general descriptions; types undifferentiated

1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
------	--	-----------------

Pulse (see also legumes; nuts)

Puma	1585	Virginia settlement Hariot. 1588. pp. 356-357	N.A. east coast
------	------	--	-----------------

Puma (see also cougar)

Pummuckoner (see acorn)

Pumpkin: native; general descriptions

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 45	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546.	N.A. southeast

	Vol. 2, p. 82	
1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 340	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 352-353	N.A. east coast

Pumpkin: native; immature

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Pumpkin: native; planted in gardens by Native Americans

1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast

Pumpkin: native; raw

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
------	--	-----------------

Pumpkin: native; roasted

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 133-134	N.A. southeast
---------	---	----------------

Pumpkin: native; stewed

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
------	--	-----------------

Puna (see partridge)

Pungnough (see maize: cob, burned to powder, mixed with maize flour)

Purslane: native, wild

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Purslane: native, wild; salad ingredient

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
------	---	-----------------

Purutu (see bean: variety called purutu)

Putchamin (see persimmon)

Quail	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1540	Coronado expedition de Niza. 1540, p. 70	N.A. southwest
	1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east

Quince: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
-------------	--	-----------

	1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
Quinoa: general descriptions; types and uses undifferentiated			
	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:1 pp. 241-242, also 8:9 pp. 499-500	S.A. Peru
Quinoa: beer	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Quinoa: exported to Spain; test planting failed			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Quinoa: flour	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru
Quinoa: leaf	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru