

## MASTER LIST: R-S

ITEM:	DATE	EXPLORER CITATION	LOCATION
Rabbit?: misidentified by Europeans; probably not rabbit (see aguti)			
Rabbit?: misidentified by Europeans; probably not rabbit; called Barbary cony; described as having a rat-like tail			
	1597	Drake Expedition Drake. 1628. p. 222	N.A. west coast
Rabbit: native, wild; undifferentiated by type or use			
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
	1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
	1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
	1540	Coronado expedition de Niza. 1540. p. 70	N.A. southwest
	1540	Coronado expedition de Alarcon. 1540. p. 142	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru

1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
-----------	---	-------------

Rabbit: native, wild; jackrabbit?

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 145-146	N.A. southeast
---------	---	----------------

Rabbit: native, wild; vizcacha variety

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 517-518	S.A. Peru
-------------	--	-----------

Rabbit: native, wild; variety misidentified by Europeans; called ayre [hare]

1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 120-121	Caribbean
---------	---	-----------

Rabbit: native, wild; variety misidentified by Europeans; called coney

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. ol. 1, pp. 51-57	N.A. southeast
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
1606	Archer Expedition Percy. 1608a. pp. 137-138	N.A. east coast

Rabbit: native, wild; variety misidentified by Europeans; called hare

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
------	---	-------------

1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 21-24	N.A. southeast
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 96-98	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. northeast
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 82-83, also p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Rabbit: native; identified as "tame"

mid 16th c.	Early Spanish period de la Vega. 1609-12. 2:8 p. 86	S.A. Peru
-------------	--	-----------

Rabbit: native; identified as "tame"; exported to Spain

mid 16th c.	Early Spanish period	S.A. Peru
-------------	----------------------	-----------

de la Vega. 1609-12.  
8:17 pp. 517-518

Rabbit: domesticated; European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
------	--	-----------

Racoon?	1585	Virginia settlement Hariot. 1588. pp. 355-356	N.A. east coast
---------	------	--	-----------------

Raccoon: eaten by Europeans

	1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
--	------	--	-----------------

Radish: European introduction

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29, pp. 601-602	S.A. Peru
--	-------------	---	-----------

Ragroughcun (see raccoon)

Rainwater: boiled; blended with fresh maguey juice (unfermented)

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:13, pp. 505-506	S.A. Peru
--	-------------	---	-----------

Raisins: native; wild; general descriptions

	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
--	---------	--	----------------

Raisins: native, wild; raisin production from American grapes anticipated by  
Europeans

	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
--	------	--	-----------------

Raisins: domesticated; from *Vitis vinifera* grapes; European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
------	--	-----------

Raisins: domesticated; from *Vitis vinifera* grapes; European introduction; served to Native Americans

1605	Waymouth Expedition Rosier. 1605. p. 272	N.A. northeast
------	---	----------------

Rapeseed: domesticated; European introduction; test planting report

1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast

Rapeseed: domesticated; European introduction; oil

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
---------	--	----------------

Raspberry

1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
1607-08	Gilbert Expedition Strachey. 1610-1612. pp. 400-401	N.A. northeast

	1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
	1607	Virginia settlement Archer. 1607a. pp. 86-90	N.A. east coast
	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
Raspices (see raspberry)			
Rattlesnake	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
Rawcomene (see cranberry?)			
Ray (fish)	1585	Virginia settlement Hariot. 1588. p. 360	N.A. east coast
Ray (see also fish: stingray)			
Red deer	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
	1606	Hanham Expedition Purchas. 1614. pp. 347-348	N.A. northeast
	1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
Red herring (see Fish: shad)			
Reindeer: meat?	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Reindeer: milk used to make butter			

	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Reindeer: milk used to make cheese			
	1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
Resin: edible; unidentified type described as "sweet"			
	1585	Virginia settlement Hariot. 1588. p. 334	N.A. east coast
Resin: edible; misidentified by Europeans as lentisk (mastik)			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
Resin (see also gum)			
Rhubarb	1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, p. 16	Caribbean
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
Rice: native, wild; wild rice			
	1585	Virginia settlement Hariot. 1588. pp. 353	N.A. east coast
Rice: domesticated; European introduction			
	1495	Columbus expedition	Caribbean

		Columbus memorandum. 1495. Vol. 1. pp. 84-86	
mid 16th c.		Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru

Rice: native; identified as "little rice" (see quinoa)

Ring dove	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
	1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast

Rocket (herb): European introduction

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
--	-------------	--	-----------

Rockfish	1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Roll (see bread)

Root-bulb-tuber: native, wild?; undifferentiated

	1497	Vespucci. 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
	1519	Cortez expedition Bernal Diaz. 1576. pp. 215-216	C.A. Mexico
	1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico



1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1595	Raleigh expedition Raleigh. 1596. pp. 73-74	S.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast

Root-bulb-tuber: native, wild?; undifferentiated; cooked,

1519	Cortez expedition Bernal Diaz. 1576. pp. 215-216	C.A. Mexico
------	---	-------------

Root-bulb-tuber: años

mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:1 pp. 241-242	S.A. Peru
-------------	---	-----------

Root-bulb-tuber: años; cooked

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: beet; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: carabi

1497	Vespucci. 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
------	--	-----------

Root-bulb-tuber: carrot; native, wild

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
------	---	-----------------

Root-bulb-tuber: carrot; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602, also 9:30 p. 606	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Root-bulb-tuber: cassava; general descriptions of root or flour

1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
1518	Grivjala expedition Bernal Diaz. 1576. p. 26	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
Root-bulb-tuber: cassava; flour fermented, prepared as beer			
	1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
Root-bulb-tuber: chapae			
	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. Patagonia
Root-bulb-tuber: chive; native, wild; taste compared by Europeans to wild onions			
	1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. northeast
Root-bulb-tuber: chuchuchu			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Root-bulb-tuber: duck potato; boiled			
	1585	Virginia settlement Hariot. 1588. p. 348	N.A. east coast
Root-bulb-tuber: garlic; native, wild			
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
	1607-1608	Gilbert Expedition Strachey. 1610-1612.	N.A. northeast

pp. 408-409

Root-bulb-tuber: garlic; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean

Root-bulb-tuber: golden club; general description

1586	Virginia settlement Lane. 1586. pp. 275-280	N.A. east coast
------	--	-----------------

Root-bulb-tuber: golden club; root prepared as bread flour

1585	Virginia settlement Hariot. 1588. pp. 349-350	N.A. east coast
------	--	-----------------

Root-bulb-tuber: ground apple

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
------	---	-----------------

Root-bulb-tuber: habascon; boiled with meat

1585	Virginia settlement Hariot. 1588. p. 350	N.A. east coast
------	---	-----------------

Root-bulb-tuber: hazes

1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
------	--	----------------

Root-bulb-tuber: ignami

1497	Vespucci. 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
------	--	-----------

Root-bulb-tuber: leek; native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Root-bulb-tuber: leek; native, wild; eaten by Europeans, not Native Americans

1585	Virginia settlement Hariot. 1588. p. 350	N.A. east coast
------	---	-----------------

Root-bulb-tuber: maguey; fresh juice

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Root-bulb-tuber: maguey; fresh juice; boiled in rainwater

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:13 pp. 505-506	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: maguey; fermented juice (pulqué)

1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico

Root-bulb-tuber: maguey; fermented juice (pulqué); mixed with maize

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: maguey; fermented juice (pulqué); mixed with mulli

mid 16th c.	Early Spanish period	S.A. Peru
-------------	----------------------	-----------

de la Vega. 1609-12.  
8:12 pp. 504-505

Root-bulb-tuber: maguey; fermented juice (pulqué); mixed with quinoa

mid 16th c. Early Spanish period  
de la Vega. 1609-12.  
8:12 pp. 504-505 S.A. Peru

Root-bulb-tuber: maguey; honey

mid 16th c. Early Spanish period  
de la Vega. 1609-12.  
8:12 pp. 504-505 S.A. Peru

Root-bulb-tuber: maguey; sugar

1520 Cortez expedition  
Cortés: 2nd letter. 1520,  
pp. 86-89 C.A. Mexico

Root-bulb-tuber: maguey; vinegar

mid 16th c. Early Spanish period  
de la Vega. 1609-12.  
8:12 pp. 504-505 S.A. Peru

Root-bulb-tuber: marsh potato; boiled

1585 Virginia settlement  
Hariot. 1588. pp. 346-347 N.A. east coast

Root-bulb-tuber: oca; undifferentiated

1532-34 F. Pizarro: 3rd expedition  
P. Pizarro. 1571.  
Vol. 1. pp. 280-282 S.A. Peru

mid 16th c. Early Spanish period  
de la Vega. 1609-12.  
5:1 pp. 241-242 S.A. Peru

Root-bulb-tuber: oca; jam

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: oca; raw

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: oca; stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: onion; native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 87-88	N.A. southeast
---------	--	----------------

1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
------	--	----------------

1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
-----------	---	----------------

Root-bulb-tuber: onion; native, wild; preparation not identified; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	--	-----------------

Root-bulb-tuber: onion; native, wild; baked with meat; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	---	-----------------

Root-bulb-tuber: onion; native, wild; boiled; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	---	-----------------

Root-bulb-tuber: onion; native, wild; salad ingredient; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
------	---	-----------------

Root-bulb-tuber: onion; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean

Root-bulb-tuber: papa (see potato)

Root-bulb-tuber: parsnip; European introduction

1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
------	---	-----------------

Root-bulb-tuber: potato; native, wild; eaten raw

1585	Virginia settlement Hariot. 1588. p. 347-348	N.A. east coast
------	--	-----------------

Root-bulb-tuber: potato; native, domesticated; general descriptions

1532-34	F. Pizarro: 3rd expedition	S.A. Peru
---------	----------------------------	-----------



	P. Pizarro. 1571. Vol. 1. pp. 280-282	
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:3 pp. 246-247	S.A. Peru
1585	Virginia settlement Hariot. 1588. pp.347-348	N.A. east coast
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Root-bulb-tuber: potato; native, domesticated; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: potato; native, domesticated; exported to England

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
------	--	----------------

Root-bulb-tuber: potato; native; domesticated; frozen; dried (chuñu)

mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:1 pp. 401-402	S.A. Peru
-------------	---	-----------

Root-bulb-tuber: potato; native; domesticated; roasted

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Root-bulb-tuber: potato; native, domesticated; stew

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
Root-bulb-tuber: potto			
	1585-86	Drake expedition Bigges. 1589 pp. 228-229	Caribbean
Root-bulb-tuber: radish; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29, pp. 601-602	S.A. Peru
Root-bulb-tuber: smilax; general descriptions			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
	1586	Roanoke settlement Lane. 1586. pp. 275-280	N.A. east coast
Root-bulb-tuber: smilax; bread			
	1585	Virginia settlement Hariot. 1588. pp.348-349	N.A. east coast
Root-bulb-tuber: smilax; cooked with oil			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Root-bulb-tuber: smilax; jelly			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Root-bulb-tuber: sweet potato; general descriptions			

1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico

Root-bulb-tuber: sweet potato; beer

1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
------	--	-----------------

Root-bulb-tuber: sweet potato; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
-------------	---	-----------

Root-bulb-tuber: tuckahoe; undifferentiated by type or use

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Root-bulb-tuber: tuckahoe; cooked with sorrel

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
------	---	-----------------

Root-bulb-tuber: tuckahoe; roasted

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement	N.A. east coast

Smith. 1612. pp. 347-348

Root-bulb-tuber: tuckahoe; sun-dried

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
------	---	-----------------

Root-bulb-tuber: turnip; native, wild

1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
------	---	-----------

Root-bulb-tuber: turnip; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Root-bulb-tuber: yam; general descriptions

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 64	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico

Root-bulb-tuber: yam; paste prepared as flour; baked as bread

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
---------	--	-----------

Root-bulb-tuber: yam; misidentified; cassava meant (see also root: cassava)

Root-bulb-tuber: yucca; general descriptions

1497	Vespucci: 1st voyage Vespucci. 1504. pp.3-11	Caribbean
1502	Columbus: 4th voyage Diego Mendez. 1536.	Caribbean

	Vol. 2, p. 124	
1518	Grivjala expedition Bernal Diaz.1576. p. 26	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 293	C.A. Mexico
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1540	Coronado expedition de Alarcon. 1540. p. 142	N.A. southwest
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Root-bulb-tuber: yucca; flour

1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1599-1602	Champlain voyage.	Caribbean

		Champlain. 1603. pp. 7-12	
	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
Root-bulb-tuber: yucca (see also root: cassava)			
Rose: fruit	1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
Rose: salad ingredient			
	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
Rosefish	1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
Rucma (fruit)	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
Rye: European introduction			
	1585	Virginia settlement Hariot. 1588. p. 344	N.A. east coast
Sack (see: wine; <i>Vitis vinifera</i> grape source; European introduction; dry-white)			
Sacquenummener (berry): boiled			
	1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
Sagatémener (see acorn)			
Sage	1519	Cortez expedition Bernal Diaz. 1576.	C.A. Mexico

	1540	pp. 216-217 Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
Saguaro: fruit			
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
	1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
Saguaro: fermented juice; wine			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
Sairi (see tobacco)			
Salad: herb	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
Salad: onion			
	1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
Salad: rose	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
Salad: purslane	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast

Salad: sorrel	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
Salad: violet	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast
Salad oil: unidentified type			
	1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
Sallett (see salad)			
Sallet oyle (see salad oil)			
Salmon	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
	1605	Waymouth Expedition Rosier. 1605. p. 296	N.A. northeast
	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
Salmon: white variety			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Salt	1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 69-70	C.A. Mexico



1526	Cortez expedition Cortés: 5th letter. 1526, pp. 336-337	C.A. Mexico
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 28-30	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 34-37	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 35-37	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 99	N.A. southeast
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540-42	Coronado expedition de Cardenasa? 16th century? p. 181	N.A. southwest
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:14 p. 271	S.A. Peru
1587	White expedition White. 1587. pp. 522-524	Caribbean
1592-93	New England Settlements. Hayes. 1592-93.	N.A. northeast

	1599-1602	pp. 170-172. Champlain voyage. Champlain. 1603. pp. 28-29	C.A. Mexico
	1612	Virginia settlement Smith. 1612. p. 353	N.A. east coast
Salt grass: famine food			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
Salted meat: [beef?]: European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
Salted meat: fish; codfish			
	1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
Salted meat: fish; codfish (see also bacalao)			
Salted meat: pig (pork); European introduction; undifferentiated			
	1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast
Salted meat: pig (pork); European introduction; boiled with peas			
	1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
Salted meat: pig (pork); European introduction; served by Europeans to Native Americans			
	1612	Virginia settlement Smith. 1612. p. 393	N.A. east coast

Sapallu (see calabash: boiled, stewed)

Sapota	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
--------	------	---	-------------

Sapota (see also: zapota)

Saquénuckot (see: beaver, mink, musk rat, opossum, also racoon)

Sara (see maize)

Sardine	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:10 p. 32	S.A. Peru
---------	-------------	---	-----------

Sasparilla

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
--	-------------	--	-----------

Saspummener (see acorn)

Sassacan: unidentified prepared food;described as having "spicy taste"

	1612	Virginia settlement Strachey. 1612. p. 81	N.A. east coast
--	------	--	-----------------

Sassafras	1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
-----------	------	--	-----------------

	1585-86	Virginia settlement Lane. 1586. pp. 256-257	N.A. east coast
--	---------	--	-----------------

	1585	Virginia settlement Hariot. 1588. p. 328	N.A. east coast
--	------	---	-----------------

	1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. southeast
--	---------	--	----------------

	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
--	------	--	----------------

	1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
--	------	---	----------------

	1592-93	New England Settlements. Hayes. 1592-93. pp. 175-180.	N.A. northeast
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
	1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
	1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
	1608	Newport Expedition Perkins. 1608. p. 162	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 38-39, also pp. 130-131	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Sassafras: leaf; famine food			
	1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
Sassafras (see also esquine)			
Savintu (see guava)			
Scallop	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Sea cow			
	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean

	1595	Raleigh expedition Raleigh. 1596. pp. 98-99	S.A. north-east
Sea cow (see also manatee)			
Seal	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Seal: oil	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
Seaweed: unidentified type; famine food			
	1524	F. Pizzaro: 1st expedition Xeres. 1534. pp. 3-4	C.A. Panama
Seéanauk (see crab, king)			
Seeds: native, wild; unspecified; prepared as beer			
	1499	Vespucci: 2nd voyage Vespucci. 1504, pp. 23-32	Caribbean
Seeds (see also cereals; grains)			
Serpent: probably iguana? (see iguana)			
Service berry			
	1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
	1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Service berry: eaten by Native Americans; disliked by Europeans			
	1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
Sesame: European introduction			

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
Shad-like (fish)	1526	Cortez expedition Cortés: 5th letter. 1526, pp. 316-317	C.A. Mexico
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 123-124	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 359	N.A. east coast
Shad (fish)	1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
	1605	Waymouth Expedition Rosier. 1605. p. 296, also pp. 279-281	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
	Sheep: native, wild	1540	Coronado expedition Coronado. 1540b. pp. 171-173

Sheep: domesticated; European introduction

	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
	1540	Coronado expedition Coronado. 1540. p. 87	N.A. southwest
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:8 pp. 418-419, also 9:20 p. 586	S.A. Peru
	1585	Raleigh expedition	Caribbean

		Anonymous Tiger crew member. 1585, pp. 178-179	
1599		Early Spanish period de la Vega. 1609-12 7:25 p. 458	S.A. Peru
1599-1602		Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602		Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico
1612		Virginia settlement Smith. 1612. p. 353	N.A. east coast

Sheep: misidentified by Europeans; llama meant

1532		F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
------	--	---	-----------

Sheldrake (fowl)	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
------------------	------	---	-----------------

Shellfish: general descriptions; undifferentiated by type or use

1519		Cortez expedition Bernal Diaz. 1576. p. 73	C.A. Mexico
1539-42		DeSoto expedition de Biedma. 1544. Vol. 2, pp. 37-40	N.A. southeast
mid 16th c.		Early Spanish period de la Vega. 1609-12. 1:10 p. 32	S.A. Peru

Shellfish: clam; unidentified, smooth-shell

1612		Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
------	--	---	-----------------

Shellfish: clam; cockle

1602		Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1612		Virginia settlement	N.A. east coast

	1612	Strachey. 1612. pp. 127-128 Virginia settlement Smith. 1612. p. 350	N.A. east coast
Shellfish: clam; scallop			
	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Shellfish: cockle	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Shellfish: crab; undifferentiated by type or use			
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 79-80, also pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Shellfish: crab; European famine food			
	1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast
Shellfish: crab; king crab			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast



Shellfish: crab; roasted

1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
------	--	----------------

Shellfish: crayfish	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
---------------------	------	---	----------------

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
------	---	-----------------

1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
------	--	-----------------

Shellfish: creuise (see shellfish: crayfish)

Shellfish: king crab	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
----------------------	------	---	-----------------

Shellfish: lobster	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
--------------------	---------	--	----------------

1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
------	---	----------------

1602	Gosnold Expedition Brereton. 1602. pp. 150-151	N.A. northeast
------	---	----------------

1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
------	--	----------------

1605	Waymouth Expedition Rosier. 1605. pp. 262-264	N.A. northeast
------	--	----------------

1607	Davies [Davis] Voyage Davies [Davis]. 1607. pp. 419-420	N.A. northeast
------	---	----------------

Shellfish; mussel; fresh water varieties

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 110-111	N.A. southeast
---------	--	----------------

1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
------	--	-----------------

Shellfish; mussel; marine varieties

1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1602	Gosnold Expedition Archer. 1602. pp. 131-132	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
1606	Archer Expedition Percy. 1608a. pp. 134-135	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Shellfish: mussel; marine varieties; boiled with oysters

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
------	--	-----------------

Shellfish: oyster; general descriptions

1585-86	Drake expedition Primrose Journal. 1586. pp. 303-306	N.A. southeast
1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
1586	Virginia settlement Lane. 1586. p. 283	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1606	Hanham Expedition Purchas. 1614. pp. 349-350	N.A. northeast

1606	Archer Expedition Percy. 1608. pp. 134-135	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 42, also pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Shellfish; oyster; boiled with mussels

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
------	---	-----------------

Shellfish; oyster; broth-soup; thickened with maize flour

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
------	---	-----------------

Shellfish; oyster; dried

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast

Shellfish: periwinkle

1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
------	--	-----------------

Shellfish: scallop

1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
------	--	-----------------

	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Shellfish: shrimp	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
Shellfish: snail; periwinkle			
	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
Shellfish: snail; whelk			
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Shellfish: whelk	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Shoulers Goose	1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
Shoulers Goose (see also Fowl: shoveller duck)			
Shoveller duck	1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
Shrimp			
	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast
Skate (fish)	1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
	1605	Waymouth Expedition	N.A. northeast

		Rosier. 1605. pp. 262-264	
Smilax: root	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
	1586	Roanoke settlement Lane. 1586. pp. 275-280	N.A. east coast
Smilax: root; bread	1585	Virginia settlement Hariot. 1588. pp.348-349	N.A. east coast
Smilax: root; cooked with oil			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Smilax: root; jelly	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Snail: marine; periwinkle			
	1585	Virginia settlement Hariot. 1588. pp. 361-362	N.A. east coast
Snail: marine; whelk			
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Snake: general descriptions; undifferentiated types			
	1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 40-44	Caribbean
Snake: unidentified variety; eaten by Native Americans and Europeans			
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Snake: rattlesnake	1599-1602	Champlain voyage. Champlain. 1603. p. 33	C.A. Mexico
Socorie (see chicory)			

Sole (fish)	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Sole (see also fish: plaice)

Soras (see: beer; Native American; starch source maize; variety called soras)

Sorrel: undifferentiated by type or use

	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
	1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
Sorrel: broth	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast

Sorrel: cooked with caviar; European famine food

	1612	Virginia settlement Smith. 1612. pp. 445-447	N.A. east coast
--	------	---	-----------------

Sorrel: cooked with tuckahoe root

	1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
--	------	---	-----------------

Sorrel: salad ingredient

	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
--	------	---	-----------------

Sorrel: soup	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
Soup-broth: unspecified by type or base			
	1612	Virginia settlement Strachey. 1612. p. 114	N.A. east coast
Soup-broth: unspecified by type or base; described as savory or sweet			
	1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
Soup-broth: ash mixed with bread and water			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
Soup-broth: borage? seed base			
	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Soup-broth: chinquapin (chechinquamin) nut base			
	1612	Virginia settlement Strachey. 1612. p. 119	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Soup-broth: chestnut base			
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Soup-broth: fish base			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
Soup-broth: herb base			
	1612	Virginia settlement	N.A. east coast

	1612	Strachey. 1612. p. 121 Virginia settlement Smith. 1612. p. 347	N.A. east coast
Soup-broth: lovage base			
	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
Soup-broth: maize groat base			
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 352	N.A. east coast
Soup-broth: meat base			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 59-60	N.A. southwest
	1612	Virginia settlement Strachey. 1612. pp. 80-81	N.A. east coast
Soup-broth: mussell base			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Soup-broth: oyster base; thickened with maize flour			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
Soup-broth: sorrel base			
	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
Soup-broth: sunflower seed base			



1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Soup (see also broth)		
Spanish cucumber (see cucumber: European introduction)		
Spanish hen (see chicken)		
Spice-herb-flavoring agent: general descriptions; undifferentiated		
1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, pp. 6-10	Caribbean
1497	Vespucci: 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 50-51	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 161-162	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition	S.A. north-east

1608	Raleigh. 1596. pp. 61-65 Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 347	N.A. east coast

Spice-herb-flavoring agent: unidentified variety; described as "bitter"

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: unidentified variety; described as "sweet"

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: unidentified variety; boiled

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 57-64	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru

Spice-herb-flavoring agent: unidentified variety; broth

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: unidentified variety; stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: unidentified variety; sun-dried

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: alexander

1602	Gosnold Expedition Archer. 1602. pp. 126-128; also pp. 136-138	N.A. northeast
------	--	----------------

Spice-herb-flavoring agent (see also lovage)

Spice-herb-flavoring agent: angelica

1605	Waymouth Expedition Rosier. 1605. pp. 264-266	N.A. northeast
------	--	----------------

Spice-herb-flavoring agent: anise; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: anise: European introduction; cooked with wheat

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:30 p. 606	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: borage?: called called melden in Dutch

1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: borage?: seed; soup or broth

1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: borage?: stalk; burned; ash condiment

1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: borage?; stalk; burned; ash condiment (see also potash)

Spice-herb-flavoring agent: borage; undifferentiated

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Spice-herb-flavoring agent: cacao; seed

1519	Cortez expedition Bernal Diaz. 1576. pp. 209-210	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, p. 79	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 307	C.A. Mexico
1599-1602	Champlain voyage. Champlain. 1603. p. 28	C.A. Mexico

Spice-herb-flavoring agent: cacao; honey; prepared from tree pith

1599-1602	Champlain voyage. Champlain. 1603. p. 28	C.A. Mexico
-----------	---	-------------

Spice-herb-flavoring agent: cacao: vinegar

1599-1602	Champlain voyage. Champlain. 1603. p. 28	C.A. Mexico
-----------	---	-------------

Spice-herb-flavoring agent: caraway; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: chicory: European introduction

1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: chili pepper: general descriptions

1519	Cortez expedition Bernal Diaz. 1576. p. 135	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, p. 293	C.A. Mexico

Spice-herb-flavoring agent: chili pepper: introduced to Peru by Spanish arriving from Mexico

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 502	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: chili pepper (see also pepper)

Spice-herb-flavoring agent: chilimole sauce

1521	Cortez expedition Bernal Diaz. 1576. p. 436	C.A. Mexico
------	--	-------------

Spice-herb-flavoring agent: chive; native, wild; taste compared by Europeans to wild onions

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: chucam

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:20 pp. 357-358	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: cress-like

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: cinnamon?

1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, p. 16	Caribbean
1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
1606	Archer Expedition Percy. 1608. pp. 129-131	Caribbean

Spice-herb-flavoring agent: cinnamon: described as "black"

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: coriander; native, wild

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
---------	---	----------------

Spice-herb-flavoring agent: coriander: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: cress-like herb

mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: cress

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Spice-herb-flavoring agent: cumin; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: dog's tongue

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
---------	---	----------------

Spice-herb-flavoring agent: esquine

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
1585-86	Virginia settlement Lane. 1586. pp. 256-257	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 328	N.A. east coast
1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. southeast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1592-93	New England Settlements. Hayes. 1592-93. pp. 175-180.	N.A. northeast
1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. p. 162	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39, also pp. 130-131	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Spice-herb-flavoring agent: esquine: leaf; famine food

1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
---------	---	-----------------

Spice-herb-flavoring agent: esquine (see also sassafras)

Spice-herb-flavoring agent: fennel; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: garlic: native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast



Spice-herb-flavoring agent: garlic: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean

Spice-herb-flavoring agent: ginger: general descriptions

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 68	Caribbean
1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Spice-herb-flavoring agent: ginger: preserve

1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
-----------	--	-----------

Spice-herb-flavoring agent: honey: native, wild bees

1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, pp. 6-10	Caribbean
1519	Cortez expedition Cortés: 1st letter. 1519. p. 8	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526,	C.A. Mexico

	p. 307	
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 110-111	N.A. southeast
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Spice-herb-flavoring agent: honey: domesticated bees; European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
------	--	-----------

Spice-herb-flavoring agent: honeysuckle

1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: lavender; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: leaf; described as having "clove smell"

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 24	Caribbean
---------	--	-----------

Spice-herb-flavoring agent: lentisk; misidentified by Europeans

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast

Spice-herb-flavoring agent: licorice; European introduction

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: lovage

1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: lovage; broth or soup

1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: maguey: honey

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: maguey: sugar

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Spice-herb-flavoring agent: maguey: vinegar

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: maize; cane sweetener; honey

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12.	S.A. Peru

8:9 pp. 498-499

Spice-herb-flavoring agent: maize: sugar

1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: maize: syrup?

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
---------	--	-----------

Spice-herb-flavoring agent: marjoram; native, wild

1540-42	Coronado expedition de Castañada. 1596. Part 1, p. 43	N.A. southwest
---------	---	----------------

Spice-herb-flavoring agent: marjoram: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: mastik; misidentified by Europeans

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1. p. 68	Caribbean
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast

Spice-herb-flavoring agent: melden

1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: melden (see also borage?)

Spice-herb-flavoring agent: mint; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: molasses

1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
-----------	--	-----------

Spice-herb-flavoring agent: muli; syrup

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 p. 504	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: mustard: European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: mustard: European introduction; served to Native Americans

1602	Gosnold Expedition Archer. 1602. pp. 134-135	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 154-158	N.A. northeast

Spice-herb-flavoring agent: nutmeg

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 68	Caribbean
---------	--	-----------

Spice-herb-flavoring agent: parsley: native, wild

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: parsley: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Spice-herb-flavoring agent: pennyroyal: native, wild

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru

Spice-herb-flavoring agent: pepper; general descriptions; undifferentiated types

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, pp. 336-337	C.A. Mexico
mid 16th c	Early Spanish period de la Vega. 1609-12. 6:11 p. 336	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast

Spice-herb-flavoring agent: pepper; pimienta

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:24 pp. 366-367, also 7:1 pp. 401-402	S.A. Peru

Spice-herb-flavoring agent: pepper; pimienta; variety called chinchi uchu

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Spice-herb-flavoring agent: pepper; pimiento; variety called rocot uchu; red type; exported to Spain			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Spice-herb-flavoring agent: pepper (see also chili)			
Spice-herb-flavoring agent: pimiento (see pepper; pimiento)			
Spice-herb-flavoring agent: poppy seed; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
Spice-herb-flavoring agent: potash; prepared from borage ash			
	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Spice-herb-flavoring agent: purslane: native, wild			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
Spice-herb-flavoring agent: purslane: native, wild; prepared as salad			
	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
Spice-herb-flavoring agent: rocket; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru

Spice-herb-flavoring agent: sage; native, wild

1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest

Spice-herb-flavoring agent: salt

1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 69-70	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526, pp. 336-337	C.A. Mexico
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 28-30	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 196-197	S.A. Peru
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 34-37	N.A. southeast
1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 35-37	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 99	N.A. southeast
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest
1540-42	Coronado expedition de Cardenasa? 16th century?	N.A. southwest



	p. 181	
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
1540	Coronado expedition Coronado. 1540a. pp. 94-95	N.A. southwest
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:14 p. 271	S.A. Peru
1587	White expedition White. 1587. pp. 522-524	Caribbean
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1599-1602	Champlain voyage. Champlain. 1603. pp. 28-29	C.A. Mexico
1612	Virginia settlement Smith. 1612. p. 353	N.A. east coast

Spice-herb-flavoring agent: sasparilla

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: sassafras

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
1585-86	Virginia settlement Lane. 1586. pp. 256-257	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 328	N.A. east coast

1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. southeast
1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
1586	Florida settlement Burgoigon. 1586. pp. 764-765	N.A. southeast
1592-93	New England Settlements. Hayes. 1592-93. pp. 175-180.	N.A. northeast
1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1608	Newport Expedition Perkins. 1608. p. 162	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39, also pp. 130-131	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Spice-herb-flavoring agent: sassafras: leaf; famine food

1585-86	Virginia settlement Lane. 1586. p. 272	N.A. east coast
---------	---	-----------------

Spice-herb-flavoring agent: sedum; identified as famine food

1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
------	---	-------------

Spice-herb-flavoring agent: sesame; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: sorrel: undifferentiated by type or use

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Spice-herb-flavoring agent: sorrel: broth

1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: sorrel: cooked with caviar; European famine food

1612	Virginia settlement Smith. 1612. pp. 445-447	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: sorrel: cooked with tuckahoe root

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: sorrel: salad ingredient

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: sorrel: soup

1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: sugar; American; maguey

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
------	---	-------------

Spice-herb-flavoring agent: sugar; American; maize

1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent: sugar; European introduction; refined sugar?

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
------	--	-----------

Spice-herb-flavoring agent: sugar; European introduction; refined sugar?; mixed with native pear

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: sugar cane: European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 82-86	Caribbean
------	--	-----------

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 600-601	S.A. Peru
-------------	--	-----------

1563	Portuguese settlement Hakluyt. 1582. pp. 9-10	S.A. Brazil
------	--	-------------

1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
------	---	-----------

1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
------	---	-----------------

1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
---------	---	-----------

1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
-----------	--	-----------

Spice-herb-flavoring agent: sugar cane: European introduction; test planting report

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Spice-herb-flavoring agent: sunchu; identified as famine food

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: syrup; maize cane

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
---------	--	-----------

Spice-herb-flavoring agent: tansy

1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
------	---	----------------

Spice-herb-flavoring agent: uchu (see pepper: pimiento)

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: vinegar; unidentified by type and source

1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: vinegar; cacao

1599-1602	Champlain voyage Champlain. 1603. p. 28	C.A. Mexico
-----------	--	-------------

Spice-herb-flavoring agent: vinegar; grape (*Vitis vinifera*); European introduction

1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
---------	---	-----------

Spice-herb-flavoring agent: vinegar; maguey

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12, pp. 504-505	S.A. Peru
-------------	---	-----------

Spice-herb-flavoring agent: vinegar; maize

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
---------	--	-----------

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9, pp. 498-499	S.A. Peru
-------------	--	-----------

Spice-herb-flavoring agent: violet: flower used as salad ingredient

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
------	---	-----------------

Spice-herb-flavoring agent: weysak

1606	Archer Expedition Percy. 1608. p. 146	N.A. east coast
------	--	-----------------

Spice-herb-flavoring agent (see also sweetener)

Spider: general description; undifferentiated by type

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
---------	--	-----------

Spinach: native, wild

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 95	N.A. southeast
---------	--	----------------

Spinach: native, wild (see also blite)

Spinach: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
-------------	--	-----------

Squash: undifferentiated by type or use

1519	Cortez expedition de Sahaun. 1555. p. 57	C.A. Mexico
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest

Squash: macock	1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 121	N.A. east coast
----------------	------	--	-----------------

Squirrel: unidentified variety; meat eaten by Native Americans

1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 124	N.A. east coast
------	--	-----------------

Squirrel: unidentified variety; meat eaten by Europeans

1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast

Squirrel: black and white squirrel

1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Squirrel: flying squirrel

1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Squirrel: fox squirrel

1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
------	---	-----------------

Squirrel: grey squirrel

1585	Virginia settlement Hariot. 1588. p. 356	N.A. east coast
1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Stalk: maize; described as containing "sweet juice"

1612	Virginia settlement Strachey. 1612. pp. 118-119	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Stalk: maize; eaten as famine food

1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 34-37	Caribbean
---------	--	-----------

Stalk: maize; used to manufacture sugar

1585	Virginia settlement Lane. 1585. pp. 207-209	N.A. east coast
------	--	-----------------

Stew: herb stew	mid 16th c.	Early Spanish period	S.A. Peru
-----------------	-------------	----------------------	-----------



de la Vega. 1609-12.  
8:15 pp. 511-512

Stew: oca root stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Stew: potato stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
-------------	--	-----------

Stingray

1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Stingray (see also ray)

Stockdove	1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
-----------	------	--	-----------------

Stockdove (see also mourning dove)

Strawberry	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. pp. 193-194	N.A. southeast
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 96-97	N.A. southeast
	1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
	1585	Virginia settlement Hariot. 1588. pp. 352-353	N.A. east coast
	1602	Gosnold Expedition Archer. 1602.	N.A. northeast

1602	pp. 117-118 Gosnold Expedition Brereton. 1602.	N.A. northeast
1603	pp. 148-150 Pringe Expedition Pringe. 1603.	N.A. northeast
1605	pp. 223-224 Waymouth Expedition Rosier. 1605.	N.A. northeast
1606	pp. 258-260 Archer Expedition Percy. 1608a.	N.A. east coast
1607-08	pp. 134-135 Gilbert Expedition Strachey. 1610-1612.	N.A. northeast
1607	pp. 400-401 Davies [Davis] Voyage Davies [Davis]. 1607.	N.A. northeast
1607	pp. 419-420 Virginia settlement Archer. 1607a.	N.A. east coast
1607	pp. 82-86 Virginia settlement Archer. 1607b.	N.A. east coast
1608	pp. 99-102 Newport Expedition Perkins. 1608.	N.A. east coast
1608	pp. 159-161 Virginia settlement Smith. 1608. p. 170	N.A. east coast
1612	Virginia settlement Strachey. 1612.	N.A. east coast
1612	pp. 79-80, also p. 121 Virginia settlement Smith. 1612. p. 347	N.A. east coast

Strawberry: white variety

1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
------	--	----------------

Sturgeon	1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
	1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 340	N.A. east coast

Sturgeon: caviar; European famine food

	1608	Virginia settlement Smith. 1608. pp. 172-174	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast

Suchi (fish): name of local fish variety at lake Titicaca

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:22 pp. 529-530	S.A. Peru
--	-------------	--	-----------

Suet: fallow deer	1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 115	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Sugar: European introduction

	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
--	------	--	-----------

Sugar: European introduction; mixed with native pear

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:11 p. 503	S.A. Peru
-------------	---	-----------

Sugar candy: imported from Europe; served to Native Americans

1605	Waymouth Expedition Rosier. 1605. p. 272	N.A. northeast
------	---	----------------

Sugar cane: European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 82-84	Caribbean
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 600-601	S.A. Peru
1563	Portuguese settlement Hakluyt. 1582. pp. 9-10	S.A. Brazil
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
1585	Virginia settlement Hariot. 1588. p. 336	N.A. east coast
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Sugar cane: European introduction; test planting planned

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Sunflower: general descriptions; undifferentiated

1519	Cortez expedition de Sahaun. 1555. p. 33	C.A. Mexico
------	---	-------------

	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Sunflower: seed; bread			
	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Sunflower: seed; soup			
	1585	Virginia settlement Hariot. 1588. pp. 340-341	N.A. east coast
Surrin (see sorrel)			
Swallow (see fowl: barn swallow)			
Swan	1587	White voyage White. 1587. pp. 522-524	Caribbean
	1587	White voyage White. 1587. pp. 522-524	Caribbean
	1608	Newport Expedition Perkins. 1608. pp. 159-161	N.A. east coast
	1608	Virginia settlement Wingfield. 1608. pp. 219-223	N.A. east coast
	1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 387-388	N.A. east coast
Sweet meat (see conserves, preserves)			
Sweet potato	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru

	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
Sweet potato: beer	1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
Sweet potato: exported to Spain			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
Sweetener: honey; native, wild bees; general descriptions			
	1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, pp. 6-10	Caribbean
	1519	Cortez expedition Cortés: 1st letter. 1519. p. 8	C.A. Mexico
	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter. 1526, p. 307	C.A. Mexico
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 110-111	N.A. southeast
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Sweetener: honey; native, wild bees; turned to sugar at high elevations and in cold climates

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
Sweetener: honey; domesticated bees; European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
Sweetener: honey paste; prepared using honey from native bees			
	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
Sweetener: molasses			
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
Sweetener: sugar; European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
Sweetener: sugar cane; European introduction			
	1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 82-84	Caribbean
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 600-601	S.A. Peru
	1563	Portuguese settlement Hakluyt. 1582. pp. 9-10	S.A. Brazil
	1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
	1585	Virginia settlement	N.A. east coast

1585-86	Hariot. 1588. p. 336 Drake expedition	Caribbean
1599-1602	Bigges. 1589. pp. 228-229 Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean

Sweetener: sugar cane; European introduction; test planting report

1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Sweetener: syrup; maguey

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
-------------	--	-----------

Sweetener: syrup; maize cane

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9 pp. 498-499	S.A. Peru

Syrup: maguey	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
---------------	-------------	--	-----------

Syrup: maize cane	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
-------------------	---------	--	-----------