

MASTER LIST: T-V

ITEM:	DATE	EXPLORER CITATION	LOCATION
Tallow: source unidentified			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru
Tansy (herb)	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
Tanta: maize flour variety			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9. pp. 498-499	S.A. Peru
Tapir	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
	1595	Raleigh expedition Raleigh. 1596. pp. 111-112	S.A. north-east
Tasrui (see lupine: variety called tasrui)			
Tea: herbal; European introduction; camomile			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:18, pp. 584-585	S.A. Peru
Teal (fowl)	1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Tejocite (fruit)	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico

Terra sigilata (see chalk: edible; clay: edible; also fuller's earth)

Terrapin (see turtle: fresh water)

Thistle: edible; described as famine food

1521	Cortez expedition Bernal Diaz. 1576. p. 379	C.A. Mexico
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Thistle: edible; described as "golden variety"

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Tobacco

1519	Cortez expedition Bernal Diaz. 1576. p. 211	C.A. Mexico
mid 16th c.	Early Spanish period de la Vega. 1609-12. 2:25 pp. 122-123	S.A. Peru
1579	Drake Expedition Drake. 1628. p. 222	N.A. west coast
1585	Virginia settlement Hariot. 1588. pp.344-345	N.A. east coast
1585	Raleigh expedition Anonymous Tiger crew member. 1585, pp. 178-179	Caribbean
1587	Virginia settlement White. 1587. pp. 530-531	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1602	Gosnold Expedition Archer. 1602. p. 125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 279-281	N.A. northeast
1606	Archer Expedition Percy. 1608a. pp. 129-131	Caribbean
1606	Archer Expedition	N.A. east coast

1607	Percy. 1608a. pp. 134-135 Virginia settlement	N.A. east coast
1607	Archer. 1607a. pp. 82-86 Virginia settlement	N.A. east coast
1608	Archer. 1607b. pp. 99-102 Virginia settlement	N.A. east coast
1612	White. 1608. pp. 150 Virginia settlement	N.A. east coast
	Strachey. 1612. pp. 38-39, also pp. 122-123	

Tobacco: cooked with venison; used in Native American religious ritual

1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
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Tobacco (see also liquidambar)

Tockawhoughe (see tuckahow root)

Tockohowberry (see tuckahow root)

Tomato	1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
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Tortilla: undifferentiated

1519	Cortez expedition Bernal Diaz. 1576. p. 138	C.A. Mexico
1540	Coronado expedition Coronado. 1540b. pp. 171-173	N.A. southwest

Tortilla: flour source; maize; described as "green, unripe"

1519	Cortez expedition de Sahaun. 1555. p. 57	C.A. Mexico
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Tortilla: flour source; maize; described as "white"

1519	Cortez expedition Bernal Diaz. 1576. p. 211	C.A. Mexico
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	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
Tortoise: fresh water			
	1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
Tortoise: marine			
	1499	Vespucci. 2nd voyage Vespucci. 1504. pp. 23-32	Caribbean
	1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
	1585-86	Drake expedition Boazio map. 1585. p. 68	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. pp. 34-35	C.A. Mexico
	1606	Archer Expedition Percy. 1608a. p. 132	Caribbean
	1612	Virginia settlement Strachey. 1612. p. 128	N.A. east coast
Tortoise: terrestrial			
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Tree pith: unspecified variety; ground; prepared as bread flour			
	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
Tripe			
	1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
Trout			
	1612	Virginia settlement Strachey. 1612. pp. 127-128	N.A. east coast
	1612	Virginia settlement Smith. 1612. p. 350	N.A. east coast

Tsinaw (see smilax)

Tuber-bulb-root: native, wild?; undifferentiated

1497	Vespucci. 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. pp. 215-216	C.A. Mexico
1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
1524	Verarzanus expedition Hakluyt. 1850. p. 56-71	N.A. east coast
1532	F. Pizarro: 3rd expedition Xeres. 1534. pp. 32-33	S.A. Peru
1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 69-74	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1595	Raleigh expedition Raleigh. 1596. pp. 73-74	S.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast

Tuber-bulb-root: native, wild?; undifferentiated; cooked,

1519	Cortez expedition Bernal Diaz. 1576. pp. 215-216	C.A. Mexico
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Tuber-bulb-root: años

mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:1 pp. 241-242	S.A. Peru
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Tuber-bulb-root: años; cooked

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
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Tuber-bulb-root: beet; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Tuber-bulb-root: carabi

1497	Vespucci. 1st voyage Vespucci. 1504. pp. 3-11	Caribbean
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Tuber-bulb-root: carrot; native, wild

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Tuber-bulb-root: carrot; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602,also 9:30, p. 606	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Tuber-bulb-root: cassava; general descriptions of root or flour

1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
1518	Grivjala expedition Bernal Diaz.1576. p. 26	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition	C.A. Mexico

1539-42	de Sahaun. 1555. pp. 19-20 DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Tuber-bulb-root: cassava; flour fermented, prepared as beer

1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
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Tuber-bulb-root: chapae

1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. Patagonia
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Tuber-bulb-root: chive; native, wild; taste compared by Europeans to wild onions

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. northeast
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Tuber-bulb-root: chuchuchu

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Tuber-bulb-root: duck potato; boiled

1585	Virginia settlement Hariot. 1588. p. 348	N.A. east coast
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Tuber-bulb-root: garlic; native, wild

1520	Cortez expedition	C.A. Mexico
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		Cortés: 2nd letter. 1520, pp. 86-89	
	1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
	1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
Tuber-bulb-root: garlic; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
	1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
Tuber-bulb-root: golden club; general description			
	1586	Virginia settlement Lane. 1586. pp. 275-280	N.A. east coast
Tuber-bulb-root: golden club; root prepared as bread flour			
	1585	Virginia settlement Hariot. 1588. pp. 349-350	N.A. east coast
Tuber-bulb-root: ground apple			
	1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
Tuber-bulb-root: habascon; boiled with meat			
	1585	Virginia settlement Hariot. 1588. p. 350	N.A. east coast
Tuber-bulb-root: hazes			
	1586	Florida settlement de Laudonnière. 1586. pp. 195-196	N.A. southeast
Tuber-bulb-root: ignami			
	1497	Vespucci. 1st voyage	Caribbean

Vespucci. 1504. pp. 3-11

Tuber-bulb-root: leek; native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Tuber-bulb-root: leek; native, wild; eaten by Europeans, not Native Americans

1585	Virginia settlement Hariot. 1588. p. 350	N.A. east coast
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Tuber-bulb-root: maguey; fresh juice

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Tuber-bulb-root: maguey; fresh juice; boiled in rainwater

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:13 pp. 505-506	S.A. Peru
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Tuber-bulb-root: maguey; fermented juice (pulqué)

1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico

Tuber-bulb-root: maguey; fermented juice (pulqué); mixed with maize

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
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Tuber-bulb-root: maguey; fermented juice (pulqué); mixed with mulli

mid 16th c.	Early Spanish period de la Vega. 1609-12.	S.A. Peru
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8:12 pp. 504-505

Tuber-bulb-root: maguey; fermented juice (pulqué); mixed with quinoa

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
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Tuber-bulb-root: maguey; honey

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
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Tuber-bulb-root: maguey; sugar

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Tuber-bulb-root: maguey; vinegar

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
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Tuber-bulb-root: marsh potato; boiled

1585	Virginia settlement Hariot. 1588. pp. 346-347	N.A. east coast
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Tuber-bulb-root: oca; undifferentiated

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:1 pp. 241-242	S.A. Peru

Tuber-bulb-root: oca; jam

mid 16th c. Early Spanish period
de la Vega. 1609-12.
8:10 pp. 500-501 S.A. Peru

Tuber-bulb-root: oca; raw

mid 16th c. Early Spanish period
de la Vega. 1609-12.
8:10 pp. 500-501 S.A. Peru

Tuber-bulb-root: oca; stew

mid 16th c. Early Spanish period
de la Vega. 1609-12.
8:10 pp. 500-501 S.A. Peru

Tuber-bulb-root: onion; native, wild

1520 Cortez expedition
Cortés: 2nd letter. 1520,
pp. 86-89 C.A. Mexico

1539-42 De Soto expedition
de Oviedo y Valdés. 1546.
Vol. 2, pp. 87-88 N.A. southeast

1606 Hanham Expedition
Purchas. 1614. p. 349 N.A. northeast

1607-1608 Gilbert Expedition
Strachey. 1610-1612.
pp. 408-409 N.A. northeast

Tuber-bulb-root: onion; native, wild; preparation not identified; eaten by Europeans
not Native Americans

1612 Virginia settlement
Strachey. 1612. pp. 123-124 N.A. east coast

Tuber-bulb-root: onion; native, wild; baked with meat; eaten by Europeans not Native
Americans

1612 Virginia settlement
Strachey. 1612. pp. 123-124 N.A. east coast

Tuber-bulb-root: onion; native, wild; boiled; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
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Tuber-bulb-root: onion; native, wild; salad ingredient; eaten by Europeans not Native Americans

1612	Virginia settlement Strachey. 1612. pp. 123-124	N.A. east coast
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Tuber-bulb-root: onion; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean

Tuber-bulb-root: papa (see potato)

Tuber-bulb-root: parsnip; European introduction

1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
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Tuber-bulb-root: potato; native, wild; eaten raw

1585	Virginia settlement Hariot. 1588. p. 347-348	N.A. east coast
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Tuber-bulb-root: potato; native, domesticated; general descriptions

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 5:3 pp. 246-247	S.A. Peru
1585	Virginia settlement Hariot. 1588. pp.347-348	N.A. east coast
1595	Raleigh expedition	S.A. northeast

1606	Raleigh. 1596. pp. 61-65 Archer Expedition	Caribbean
1607	Percy. 1608. pp. 129-131 Virginia settlement	N.A. east coast
1607	Archer. 1607. pp. 99-102 Newport Expedition	Caribbean
1612	Perkins. 1608. pp. 159-161 Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Tuber-bulb-root: potato; native, domesticated; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
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Tuber-bulb-root: potato; native, domesticated; exported to England

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
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Tuber-bulb-root: potato; native; domesticated; frozen; dried (chuñu)

mid 16th c.	Early Spanish period de la Vega. 1609-12. 7:1 pp. 401-402	S.A. Peru
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Tuber-bulb-root: potato; native; domesticated; roasted

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
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Tuber-bulb-root: potato; native, domesticated; stew

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 pp. 500-501	S.A. Peru
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Tuber-bulb-root: potto

	1585-86	Drake expedition Bigges. 1589 pp. 228-229	Caribbean
Tuber-bulb-root: radish; European introduction			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29, pp. 601-602	S.A. Peru
Tuber-bulb-root: smilax; general descriptions			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
	1586	Roanoke settlement Lane. 1586. pp. 275-280	N.A. east coast
Tuber-bulb-root: smilax; bread			
	1585	Virginia settlement Hariot. 1588. pp.348-349	N.A. east coast
Tuber-bulb-root: smilax; cooked with oil			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Tuber-bulb-root: smilax; jelly			
	1585	Virginia settlement Hariot. 1588. pp. 348-349	N.A. east coast
Tuber-bulb-root: sweet potato; general descriptions			
	1519	Magellan expedition Pigafetta. 1525, pp. 5-9	S.A. coast Brazil
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico

Tuber-bulb-root: sweet potato; beer

1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
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Tuber-bulb-root: sweet potato; exported to Spain

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Tuber-bulb-root: tuckahoe; undifferentiated by type or use

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Tuber-bulb-root: tuckahoe; cooked with sorrell

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
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Tuber-bulb-root: tuckahoe; roasted

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Tuber-bulb-root: tuckahoe; sun-dried

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
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Tuber-bulb-root: turnip; native, wild

1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
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Tuber-bulb-root: turnip; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Tuber-bulb-root: yam; general descriptions

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 64	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico

Tuber-bulb-root: yam; paste prepared as flour; baked as bread

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
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Tuber-bulb-root: yam; misidentified; cassava meant (see also root: cassava)

Tuber-bulb-root: yucca; general descriptions

1497	Vespucci: 1st voyage Vespucci. 1504. pp.3-11	Caribbean
1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
1518	Grivjala expedition Bernal Diaz.1576. p. 26	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1526	Cortez expedition Cortés: 5th letter. 1526,	C.A. Mexico

	p. 293	
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1540	Coronado expedition de Alarcon. 1540. p. 142	N.A. southwest
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Tuber-bulb-root: yucca; flour

1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Tuber-bulb-root: yucca (see also root: cassava)

Tuckahoe (root): undifferentiated

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Tuckahoe (root): cooked with sorrel

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
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Tuckahoe (root): flour; prepared as bread

1612	Virginia settlement Strachey. 1612. p. 122.	N.A. east coast
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Tuckahoe (root): roasted

1612	Virginia settlement Strachey. 1612. p. 122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Tuckahoe (root): sun-dried

1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
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Tuna (see prickly pear)

Tunney (fish)	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Turbot (fish)	1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
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Turkey: native, tame/wild?; general descriptions; live birds and/or meat

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
1519	Cortez expedition Bernal Diaz. 1576. pp. 216-217	C.A. Mexico
1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
1539-42	DeSoto expedition Fidalgo de Elvas. 1557.	N.A. southeast

	Vol. 1. pp. 51-57	
1539-42	De Soto expedition de Oviedo y Valdés. 1546.	N.A. southeast
	Vol. 2, p. 82	
1540-42	Coronado expedition de Castañada. 1596.	N.A. southwest
	Part 1, p. 24	
1540	Coronado expedition de Mendoza. 1540a.	N.A. southwest
	pp. 83-84	
1585	Virginia settlement Hariot. 1588. pp. 358-359	N.A. east coast
1586	Florida settlement de Laudonnière. 1586.	N.A. southeast
	p. 196	
1586	Florida settlement Burgoigon. 1586.	N.A. southeast
	pp. 764-765	
1606	Archer Expedition Percy. 1608a. pp. 137-138	N.A. east coast
1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 126	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 359-360	N.A. east coast

Turkey: native, tame/wild?; bartered by Native Americans to Europeans for swords

1608	Virginia settlement Smith. 1608. p. 199	N.A. east coast
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Turkey: native, tame/wild?; eggs

1606	Archer Expedition Percy. 1608a. pp. 134-135	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 82-83	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 359-360	N.A. east coast

Turkey: native, tame/wild?; meat roasted

1519	Cortez expedition de Sahaun. 1555. p. 35	C.A. Mexico
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Turkey: native, tame; general description

1612	Virginia settlement Smith. 1612. p. 349	N.A. east coast
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Turkey (see also hen)

Turkey wheat (see maize)

Turnip: native, wild

1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
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Turnip: domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Turtle: undifferentiated

1602	Gosnold Expedition Archer. 1602. pp. 130-131	N.A. northeast
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Turtle: freshwater	1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
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Turtle: freshwater; eggs

	1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast
Turtle: marine	1493-94	Columbus: 2nd voyage Bernaldez. 1513. Vol. 1, pp. 132-133	Caribbean
Turtle: terrestrial			
	1585	Virginia settlement Hariot. 1588. p. 362	N.A. east coast
	1585-86	Drake expedition Primrose Journal. 1586. pp. 307-308	N.A. east coast
Turtle dove	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:20 pp. 523-525	S.A. Peru
	1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast

Uchu (see pepper: pimiento)

Uppowoc (see tobacco)

Urpi (see ring dove)

Ussun (see plum: general, native)

Vegetable: general descriptions; undifferentiated by type or use

	1519	Cortez expedition Bernal Diaz. 1576. pp. 151-152	C.A. Mexico
	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 50-51	C.A. Mexico

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. p. 155	S.A. Peru
1534	F. Pizarro: 3rd expedition Sancho. 1534. pp. 150-151	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 1:11 pp. 34-35	S.A. Peru

Vegetable: artichoke; native, wild

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico

Vegetable: artichoke; native, wild; introduced to Peru by Spanish living in Mexico

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Vegetable: asparagus; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602, also 9:30, pp. 605-606	S.A. Peru
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Vegetable: blite (see also Spinach; native, wild)

1539-42	DeSoto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 95	N.A. southeast
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Vegetable: cabbage; native, wild

1539-42 DeSoto expedition Caribbean
de Elvas. 1557.
Vol. 1 pp. 14-15

Vegetable: cabbage; domesticated; European introduction

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
9:29 pp. 601-602
1599-1602 Champlain voyage. Caribbean
Champlain. 1603. pp. 6-7
1599-1602 Champlain voyage. C.A. Mexico
Champlain. 1603. pp. 32-33

Vegetable: calabash; boiled

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:10 p. 501

Vegetable: calabash; stewed

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12. 8:10 p. 501

Vegetable: cucumber (see cucumber; also gourd: immature; also pumpkin:
immature)

Vegetable: cress 1520 Cortez expedition C.A. Mexico
Cortés: 2nd letter. 1520,
pp. 86-89

Vegetable: cress (see also vegetable: watercress)

Vegetable: cucumber; native, wild

mid 16th c. Early Spanish period S.A. Peru
de la Vega. 1609-12.
8:11 p. 502

1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
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Vegetable: cucumber; domesticated; European introduction; also called Spanish cucumber

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
1585-86	Drake expedition Bigges. 1589. pp. 228-229	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico

Vegetable: eggplant; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29. pp. 601-602	S.A. Peru
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Vegetable: endive; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29. pp. 601-602	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Vegetable: gourd; edible; native, wild

1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
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Vegetable: gourd; edible; native, wild; immature (cowcumber)

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
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Vegetable: gourd; edible; native; planted by Native Americans

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast

Vegetable: gourd; edible; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:28 pp. 599-600	S.A. Peru
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Vegetable: gourd; domesticated; European introduction; immature (see also
cucumber)

Vegetable: lettuce; native, wild?

1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico
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Vegetable: lettuce; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Vegetable: maguey leaf; roasted

1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
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Vegetable: melon; native, wild; undifferentiated

1582	American summary Hakluyt. 1582. pp. 139-141	N.A. east coast
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
1540-42	Coronado expedition Translado de las Nuevas. 16th century? p. 102	N.A. southwest

1540-42	Coronado expedition Relacion del Suceso. 16th century? p. 107	N.A. southwest
1540-42	Coronado expedition Jaramillo. 16th century? pp. 119-120	N.A. southwest
1540-42	Coronado expedition de Alvarado & de Padilla. 16th century? pp. 129-130	N.A. southwest
1540-42	Coronado expedition de Alvarado & Padilla. 16th century?. p. 183	N.A. southwest
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest
1540	Coronado expedition de Mendoza. 1540b. pp. 158-159	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico

Vegetable: melon; native, wild; undifferentiated; boiled

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Vegetable: melon; native, wild; undifferentiated; boiled; cooked with walnut milk
(oil)

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Vegetable: melon; native, wild; undifferentiated; dried

1540-42	Coronado expedition de Castañada. 1596.	N.A. southwest
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Part 2, pp. 50-51

Vegetable: melon; native, wild; undifferentiated; planted by Native Americans

1607	Virginia settlement Archer. 1607. pp. 99-102	N.A. east coast
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Vegetable: melon; native, wild; undifferentiated; stewed

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:10 p. 501	S.A. Peru
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Vegetable: melon; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:27 pp. 598-599	S.A. Peru
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Vegetable: palmeto cabbage

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 34-37	N.A. southeast
1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean

Vegetable: palmeto cabbage; flour; baked as bread

1595	Raleigh expedition Raleigh. 1596. pp. 49-51	Caribbean
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Vegetable: pumpkin; native; general descriptions; undifferentiated

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, p. 45	N.A. southeast
1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 82	N.A. southeast
1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast

1585	Virginia settlement Hariot. 1588. p. 340	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1599-1602	Champlain voyage. Champlain. 1603. pp. 32-33	C.A. Mexico
1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 352-353	N.A. east coast

Vegetable: pumpkin; native; immature

1603	Pringe Expedition Pringe. 1603. pp. 223-224	N.A. northeast
1612	Virginia settlement Strachey. 1612. pp. 38-39	N.A. east coast

Vegetable: pumpkin; native; planted in gardens by Native Americans

1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1607	Virginia settlement Archer. 1607b. pp. 99-102	N.A. east coast

Vegetable: pumpkin; native; raw

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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Vegetable: pumpkin; native; roasted

1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 133-134	N.A. southeast
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Vegetable: pumpkin; native; stewed

	1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
Vegetable: rhubarb	1492	Columbus: 1st voyage Columbus. 1493. Vol. 1, p. 16	Caribbean
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast

Vegetable: sorrel; general descriptions; undifferentiated by type or use

	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast
	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
	1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast

Vegetable: sorrel; cooked with caviar; eaten as famine food by Europeans

	1612	Virginia settlement Smith. 1612. pp. 445-447	N.A. east coast
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Vegetable: sorrel; cooked with tuckahoe root

	1612	Virginia settlement Smith. 1612. pp. 347-348	N.A. east coast
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Vegetable: sorrel; salad ingredient

	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Vegetable: sorrel; soup

	1602	Gosnold Expedition Archer. 1602. pp. 136-138	N.A. northeast
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Vegetable: spinach; native, wild

1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 95	N.A. southeast
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Vegetable: spinach; domesticated; European introduction

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:29 pp. 601-602	S.A. Peru
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Vegetable: spinach (see also blite)

Vegetable: squash; general descriptions; undifferentiated

1519	Cortez expedition de Sahaun. 1555. p. 57	C.A. Mexico
1540	Coronado expedition de Mendoza. 1540a, pp. 83-84	N.A. southwest

Vegetable: squash; macock variety

1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 121	N.A. east coast
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Vegetable: thistle; described as famine food

1521	Cortez expedition Bernal Diaz. 1576. p. 379	C.A. Mexico
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Vegetable: thistle; described as "golden variety"

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
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Vegetable: tomato

1519	Cortez expedition Bernal Diaz. 1576. pp. 178-179	C.A. Mexico
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Vegetable: watercress

1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
1539-42	DeSoto expedition Fidalgo de Elvas. 1557. V ol. 1, pp. 34-37	N.A. southeast
1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru

Vegetable: watercress (see also vegetable: cress)

Vegetable: water weed; type unspecified

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
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Vegetable: weed; unidentified type eaten as famine food

1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
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Venison: unidentified deer source; cooking technique not differentiated

1497	Vespucci: 1st voyage Vespucci. 1504. pp.17-18	Caribbean
1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2, p. 14	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. p. 209	C.A. Mexico
1520	Cortez expedition	C.A. Mexico

	Cortés: 2nd letter. 1520, pp. 86-89	
1524	Verarzanus expedition	N.A. east coast
	Hakluyt. 1850. p. 56-71	
1539-42	DeSoto expedition	N.A. southeast
	Fidalgo de Elvas. 1557. Vol. 1, p. 57	
1539-42	DeSoto expedition	N.A. southeast
	de Biedma. 1544. Vol. 2, pp. 21-24	
1539-42	De Soto expedition	N.A. southeast
	de Oviedo y Valdés. 1546. Vol. 2, p. 82	
1540-42	Coronado expedition	N.A. southwest
	de Castañada. 1596. Part 1, p. 24	
1540-42	Coronado expedition	N.A. southwest
	Translado de las Nuevas. 16th century? p. 102	
1540-42	Coronado expedition	N.A. southwest
	Relacion del Suceso. 16th century? p. 107	
1540-42	Coronado expedition	N.A. southwest
	Jaramillo. 16th century? pp. 119-120	
1540	Coronado expedition	N.A. southwest
	Coronado. 1540a. pp. 94-95	
1540	Coronado expedition	N.A. southwest
	Coronado. 1540b. pp. 171-173	
1540	Coronado expedition	N.A. southwest
	de Niza. 1540. p. 70	
mid 16th c.	Early Spanish period	S.A. Peru
	de la Vega. 1609-12. 6:6 pp. 326-327	
1562	Florida settlement	N.A. southeast
	Ribault. 1582. pp. 101-108	
1579	Drake Expedition to Calif.	N.A. west coast
	Drake. 1628. p. 22	
1584	Barlow expedition	N.A. east coast
	Barlow. 1584. pp. 96-98	
1585-86	Drake expedition	N.A. southeast
	Primrose Journal. 1586. pp. 303-306	

1585	Virginia settlement Hariot. 1588. p. 331, also p. 355	N.A. east coast
1586	Florida settlement de Laudonnière. 1586. p. 196	N.A. southeast
1587	Virginia settlement White. 1587. p. 524	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
1595	Raleigh expedition Raleigh. 1596. pp. 73-74	S.A. north-east
1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
1602	Gosnold Expedition Archer. 1602. pp. 124-125	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. pp. 148-150	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 216-220	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 140	N.A. east coast
1607	Virginia settlement Archer. 1607. pp. 102-104	N.A. east coast
1608	Virginia settlement White. 1608. pp. 149	N.A. east coast
1608	Virginia settlement Smith. 1608. pp. 174-176	N.A. east coast
1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 82-83	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 348-349	N.A. east coast

Venison: unidentified deer source; cooked with tobacco; used in Native American religious ritual

1608	Virginia settlement Smith. 1608. p. 188	N.A. east coast
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Venison: unidentified deer source; roasted

1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
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Venison: unidentified deer source; roasted; dried, then boiled and served to Europeans

1607	Virginia settlement Archer. 1607. pp. 82-86	N.A. east coast
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Venison: fallow deer source

1502	Columbus: 4th voyage Columbus: 1503. p. 100	Caribbean
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1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
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1526	Cortez expedition Cortés: 5th letter. 1526, p. 315	C.A. Mexico
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mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:17 pp. 517-518	S.A. Peru
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1603	Pringe Expedition Pringe. 1603. pp. 225-226	N.A. northeast
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1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
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1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
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1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
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Venison: red deer source

1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
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1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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	1606	Hanham Expedition Purchas. 1614. pp. 347-348	N.A. northeast
	1606	Archer Expedition Percy. 1608. p. 141	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 124	N.A. east coast
Venison: white-tail deer source			
	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
Venison (see also deer)			
Vetch (?)	1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
Vicuña	1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 1. pp. 280-282	S.A. Peru
	1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico
Viñapu (see maize: beer)			
Vine (see grapes)			
Vinegar: unidentified by type and source			
	1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
Vinegar: cacao			
	1599-1602	Champlain voyage Champlain. 1603. p. 28	C.A. Mexico
Vinegar: grape (<u>Vitis vinifera</u>); European introduction			
	1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
Vinegar: maguey			

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12, pp. 504-505	S.A. Peru
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Vinegar: maize

1532-34	F. Pizarro: 3rd expedition P. Pizarro. 1571. Vol. 2. pp. 468-471	S.A. Peru
mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:9, pp. 498-499	S.A. Peru

Violet: flower used as salad ingredient

1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast
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Virginia pea (see: pea; native, wild)

Vsketehamun (see groats: maize; boiled; prepared as thick soup)

Vstatahamen (see groats: maize; boiled; prepared as thick soup)