

## MASTER LIST: W-Z

ITEM:	DATE	EXPLORER CITATION	LOCATION
Wafer: dry, thin maize bread			
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, p. 99	N.A. southeast
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 54-55	N.A. southwest
Wafer: dry, thin maize bread; variety called pan pachol			
	1519	Cortez expedition Bernal Diaz. 1576. p. 211	C.A. Mexico
Walnut: native, wild; unidentified			
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557. Vol. 1, pp. 65-66	N.A. southeast
	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 24-30	N.A. southeast
	1540-42	Coronado expedition de Castañada. 1596. Part 1, pp. 40-41	N.A. southwest
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
	1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
	1585-86	Virginia settlement Lane. 1586. pp. 256-257	N.A. east coast
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
	1588	Virginia settlement Gonzalez. 1588. p. 824	N.A. east coast
	1602	Gosnold Expedition Archer. 1602. pp. 126-128	N.A. northeast

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. pp. 224-225	N.A. northeast
1606	Hanham Expedition Purchas. 1614. p. 349	N.A. northeast
1606	Archer Expedition Percy. 1608a. p. 141	N.A. east coast
1607-1608	Gilbert Expedition Strachey. 1610-1612. pp. 408-409	N.A. northeast
1607	Virginia settlement Wingfeild et al. 1607. pp. 78-80	N.A. east coast
1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 79-80, also p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Walnut: native, wild; described as "hard-shelled"; kernel pounded to powder

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
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Walnut: native, wild; described as "hard-shelled with sweet kernel"

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
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Walnut: native, wild; black walnut

1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
1612	Virginia settlement Smith. 1612. p. 345	N.A. east coast

Walnut: cooked with beans

	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
Walnut: cooked with maize			
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
Walnut: cooked with peas			
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
Walnut: cooked with pumpkin			
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
Walnut: kernels dried and stored			
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Walnut: milk			
	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast
Walnut: milk (see also walnut: oil)			
Walnut: milk; cooked with melon			
	1612	Virginia settlement Strachey. 1612. p. 121	N.A. east coast

Walnut: misidentified by Europeans; described as "tender shelled" or "shaped like acorn" (see pecan)

Walnut: oil	1539-42	DeSoto expedition de Biedma. 1544. Vol. 2, pp. 2-12	N.A. southeast
	1539-42	De Soto expedition de Oviedo y Valdés. 1546. Vol. 2, pp. 107-108	N.A. southeast
	1585	Virginia settlement Hariot. 1588. p. 351	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 129	N.A. east coast
	1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Walnut: oil (see also walnut: milk)

Walnut: served by Native Americans to Europeans

	1607	Virginia settlement Archer. 1607a. pp. 86-90	N.A. east coast
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Wapeih (see clay: edible)

Water: brackish; drunk by Europeans during famine

	1606	Archer Expedition Percy. 1608a. pp. 143-145	N.A. east coast
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"Water creature": general term; animal type undifferentiated

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
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Watercress	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico
	1539-42	DeSoto expedition Fidalgo de Elvas. 1557.	N.A. southeast

Vol. 1, pp. 34-37

1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 51-52	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 6:6 pp. 327-328	S.A. Peru

Watercress (see also cress)

Waterweed: general term; edible plant types undifferentiated

mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:15 pp. 511-512	S.A. Peru
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Weed: unidentified type; famine food

1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
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Weysak (herb)	1606	Archer Expedition Percy. 1608. p. 146	N.A. east coast
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Whale: meat or oil not differentiated

1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1602	Gosnold Expedition Brereton. 1602. p. 161	N.A. northeast
1605	Waymouth Expedition Rosier. 1605. pp. 258-260, also pp. 301-304	N.A. northeast

Whale: oil	1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
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Whale: oil; cooked with maize meal

	1605	Waymouth Expedition	N.A. northeast
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Rosier. 1605. pp. 301-304

Whale: oil; cooked with peas

1605	Waymouth Expedition Rosier. 1605. pp. 301-304	N.A. northeast
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Wheat: European introduction

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 82-84	Caribbean
1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2. p. 14	Caribbean
1540	Coronado expedition de Alarcon. 1540. pp. 129-131, also pp. 150-152	N.A. southwest
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:24 pp. 594-595	S.A. Peru
1584	Barlow expedition Barlow. 1584. pp. 100-101	N.A. east coast
1585	Virginia settlement Hariot. 1588. p. 344	N.A. east coast
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1599-1602	Champlain voyage. Champlain. 1603. pp. 22-25	C.A. Mexico

Wheat: European introduction; description of storage supplies

1608	Virginia settlement Wingfield. 1608. pp. 217-218	N.A. east coast
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Wheat: European introduction; rationed during famine

1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast
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Wheat: European introduction; test planting report

1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
1603	Pringe Expedition Pringe. 1603. p. 224	N.A. northeast
1607	Virginia settlement Wingfield et al. 1607. pp. 78-80	N.A. east coast

Wheat: European introduction; wormy supply eaten during famine

1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast
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Wheat: European introduction; biscuit

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
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Wheat: European introduction; cooked with anise

mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:30, p. 606	S.A. Peru
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Wheat: European introduction; bread (see bread)

Wheat: European introduction; flour

1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
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Wheat: reported present in North America when Europeans arrived

1584	Barlow expedition Barlow. 1584. pp. 105-106	N.A. east coast
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Wheat: misidentified by Europeans; maize meant

1607	Virginia settlement Archer. 1607a. pp. 82-86	N.A. east coast
1607	Virginia settlement	N.A. east coast

	1607	Archer. 1607b. pp. 99-102 Virginia settlement	N.A. east coast
	1608	Archer. 1607c. pp. 102-104 Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
	1612	Virginia settlement Strachey. 1612. p. 114	N.A. east coast
Wheat: misidentified by Europeans; maize meant; unripe			
	1612	Virginia settlement Strachey. 1612. pp. 79-80	N.A. east coast
Whelk	1602	Gosnold Expedition Brereton. 1602. pp. 150-152	N.A. northeast
White tail deer	1602	Gosnold Expedition Brereton. 1602. p. 160	N.A. northeast
Whortes (see blueberry; huckleberry; hurtleberry)			
Whortleberry (see blueberry; huckleberry; hurtleberry)			
Wickonzowr (see pea)			
Widgeon	1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 67-68	C.A. Mexico
	1612	Virginia settlement Strachey. 1612. pp. 126-127	N.A. east coast
Widgion (see widgeon)			
Wild boar	1519	Cortez expedition Bernal Diaz. 1576. pp. 44-45	C.A. Mexico
	1540	Coronado expedition Coronado. 1540. pp. 94-95	N.A. southwest
	1562	Florida settlement Ribault. 1582. pp. 101-108	N.A. southeast
	1599-1602	Champlain voyage. Champlain. 1603. p. 35	C.A. Mexico

1605	Waymouth Expedition Rosier. 1605. p. 294	N.A. northeast
1606	Archer Expedition Percy. 1608. p. 132	Caribbean

Wild boar (see also boar; pig)

Wild rice	1585	Virginia settlement Hariot. 1588. p. 353	N.A. east coast
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Winauk (see sassafras)

Wine: grape; prepared from native, wild grape varieties by Europeans

1609	Virginia settlement Mangnel [Irish spy account]. 1610. pp. 151-153	N.A. east coast
1612	Virginia settlement Strachey. 1612. pp. 121-122	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 346-347	N.A. east coast

Wine:grape; prepared from *Vitis vinifera*; European introduction; unidentified types

1495	Columbus expedition Columbus memorandum. 1495. Vol. 1. pp. 84-86	Caribbean
1519	Cortez expedition Bernal Diaz. 1576. pp. 69-70	C.A. Mexico
mid 16th c.	Early Spanish period de la Vega. 1609-12. 9:25 pp. 595-598	S.A. Peru
1585-86	Drake expedition Bigges. 1589. pp. 246-247	Caribbean
1592-93	New England Settlements. Hayes. 1592-93. pp. 170-172.	N.A. northeast
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast

Wine: grape; prepared from *Vitis vinifera*; European introduction; dry white variety (sack); served by Europeans to Native Americans

1607	Virginia settlement Archer. 1607. pp. 86-90	N.A. east coast
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Wine: grape; prepared from *Vitis vinifera*; European introduction; dry white variety (sack); used medicinally during famine

1608	Virginia settlement Smith. 1608. pp. 172-174	N.A. east coast
1608	Virginia settlement Wingfield. 1608. pp. 214-217	N.A. east coast
1608	Virginia settlement Wingfield. 1608. p. 228	N.A. east coast
1612	Virginia settlement Smith. 1612. pp. 384-385	N.A. east coast

Wine: non-grape; prepared from unidentified, non-grape fruit sources by Native Americans

1498	Columbus: 3rd voyage Columbus. 1498. Vol. 2, p. 22	Caribbean
1499	Vespucci: 2nd voyage Vespucci. 1504. pp.23-32	Caribbean
1584	Barlow expedition Barlow. 1584. pp. 107-109	N.A. east coast
1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. northeast

Wine: non-grape; maguey (pulqué); general, undifferentiated

1519	Cortez expedition Bernal Diaz. 1576. p. 60	C.A. Mexico
1520	Cortez expedition Cortés: 2nd letter. 1520, pp. 86-89	C.A. Mexico

Wine: non-grape; maguey (pulqué); mixed with maize

	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Wine: non-grape; maguey (pulqué); mixed with mulli			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Wine: non-grape; maguey (pulqué); mixed with quinoa			
	mid 16th c.	Early Spanish period de la Vega. 1609-12. 8:12 pp. 504-505	S.A. Peru
Wine: non-grape; mirabolani			
	1499	Vespucci: 2nd voyage Vespucci. 1504. pp.23-32	Caribbean
Wine: non-grape; pitahaya			
	1540-42	Coronado expedition de Castañada. 1596. Part 2, pp. 50-51	N.A. southwest
Wood: unidentified type; famine food			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
	1522	Cortez expedition Cortés: 3rd letter. 1522, p. 213	C.A. Mexico
Wood: colorin wood; famine food			
	1519	Cortez expedition de Sahaun. 1555. p. 79	C.A. Mexico
	1522	Cortez expedition	C.A. Mexico

Cortés: 3rd letter. 1522,  
p. 213

Worm: unidentified types

1493-94	Columbus: 2nd voyage Columbus. 16th century?, Vol. 1, pp. 68-69	Caribbean
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Yam

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, p. 64	Caribbean
1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico

Yam: paste prepared as flour; baked as bread

1493-94	Columbus: 2nd voyage Columbus. 16th century? Vol. 1, pp. 68-69	Caribbean
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Yam: misidentified; cassava meant (see cassava)

Yucca	1497	Vespucci: 1st voyage Vespucci. 1504. pp.3-11	Caribbean
	1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
	1518	Grivjala expedition Bernal Diaz.1576. p. 26	C.A. Mexico
	1519	Cortez expedition Bernal Diaz. 1576. pp. 76-78	C.A. Mexico
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1519	Cortez expedition de Sahaun. 1555. pp. 19-20	C.A. Mexico
	1526	Cortez expedition Cortés: 5th letter. 1526,	C.A. Mexico

		p. 293	
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
	1540	Coronado expedition de Alarcon. 1540. p. 142	N.A. southwest
	1595	Raleigh expedition Raleigh. 1596. p. 4	Caribbean
	1595	Raleigh expedition Raleigh. 1596. pp. 61-65	S.A. north-east
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean
Yucca: flour	1502	Columbus: 4th voyage Diego Mendez. 1536. Vol. 2, p. 124	Caribbean
	1519	Cortez expedition Cortés. 1st letter. 1519. pp. 14-22	C.A. Mexico
	1539-42	DeSoto expedition de Elvas. 1557. Vol. 1 pp. 13-14	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. pp. 7-12	Caribbean
	1599-1602	Champlain voyage. Champlain. 1603. p. 32	C.A. Mexico
	1607	Newport Expedition Perkins. 1608. pp. 159-161	Caribbean

Yucca (see also cassava)

Yutu (see partridge)

Zapota (see fruit: sapota)